

Controlling hand foot and mouth disease in preschools

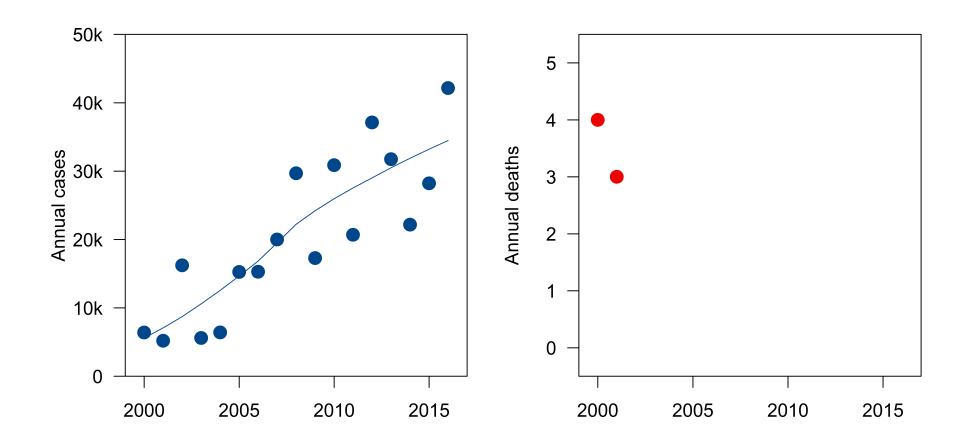
Funded by NMRC HSR

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- Daily screening of all pre-schoolers
- Isolation of infected children for 10d
- School closure following outbreak



In-depth interviews

Semi-structured interview of 17 parents 4 principals 21 teachers

in English or Mandarin

Translated/transcribed and analysed using applied thematic analysis in NVivo

Prevention impacts daily school life

Banning of

- parental access,
- outdoor play,
- playing with other age groups;

Encouraging playing by self

'Naming and shaming'

Derided by parents and teachers

- Parents don't see the point: will not influence their decision making
- Teachers find it demoralising: feel
 no agency over outbreaks

Isolation of sick children

Supported by teachers
But note that parents 'cheat'

- Not sharing diagnoses and sending kids to school even when sick,
- Exerting pressure to return early, citing reasons why child needs to be at school



Closure 'effective but onerous'

- Teachers support infection 'break'
- But causes friction with parents
- Substantial impacts on leave or alternative care



Economic impact

Cost: to schools



Length of closure	1 day	5 days	10 days
Average direct cost	\$840	\$2340	\$4420
Average staff hours	18	68	141
Average total cost	\$1040	\$3070	\$5930

Annual closures	Total cost	
30	\$180 000	
100	\$590 000	

Cost: to families



- One random child selected per family.
- Among all the random children, 35% of them have stayed at home due to HFMD.
- Average number of days absent from school due to HFMD is 6.8 days.
- Caregivers on average takes 4d of paid leave, 1.7d of unpaid leave and 2.1d working from home.
- Average daily cost for staying at home due to HFMD is \$320.
- Average total cost for staying at home due to HFMD is \$2800, including
 - Medication & consultation
 - Employed parent taking time off
 - Hiring babysitter
 - Transportation
 - Lost of school fees (indirect)

Annual cases	Total cost
20 000	\$56 000 000
30 000	\$84 000 000



Modelling of effect of closure

Data used

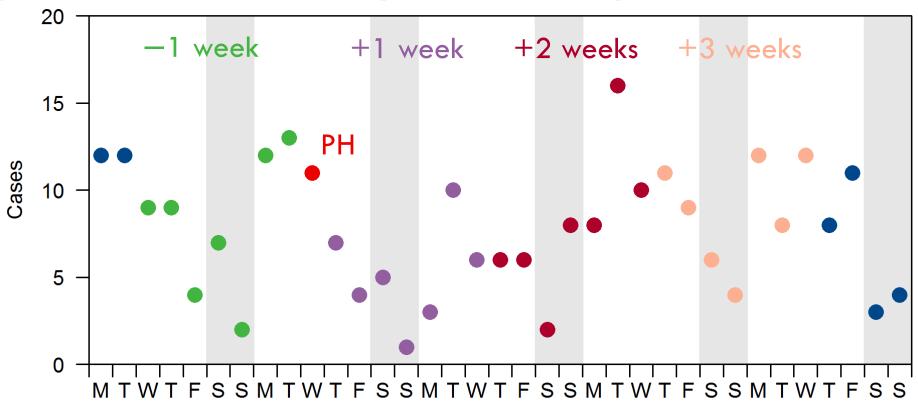


HFMD is legally notifiable by physicians and childcare teachers, as well as actively screened for in preschool-aged children.

- i. Aggregate reported HFMD cases from 2003 to 2012, with the number of daily cases stratified by age;
- ii. All ~9000 HFMD outbreaks in childcare centres and kindergartens in Singapore, during the period 2011 to 2016 cumulative number of cases per day, enrollment size, whether the school were closed due to outbreak, date of closure and reopening.

Analysis 1: closure due to public holidays





Estimates	+1 week	+2 weeks	+3 weeks
Transmissibility	0.47	0.66	1.00
on PH vs	(0.38, 0.56)	(0.57, 0.75)	(0.91, 1.10)
normal day	(3323) 3333)	(3131) 011 07	(311-1) 131-57

Transmissibility was:

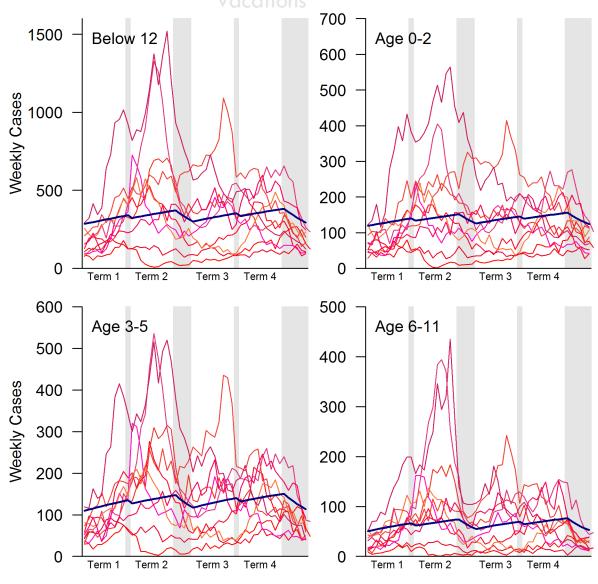
- Reduced by 53% in the one week following a public holiday;
- Reduced only by 34% in the second week;
- No reduction in the third week.

Analysis 2: closure due to school vacations

National University of Singapore

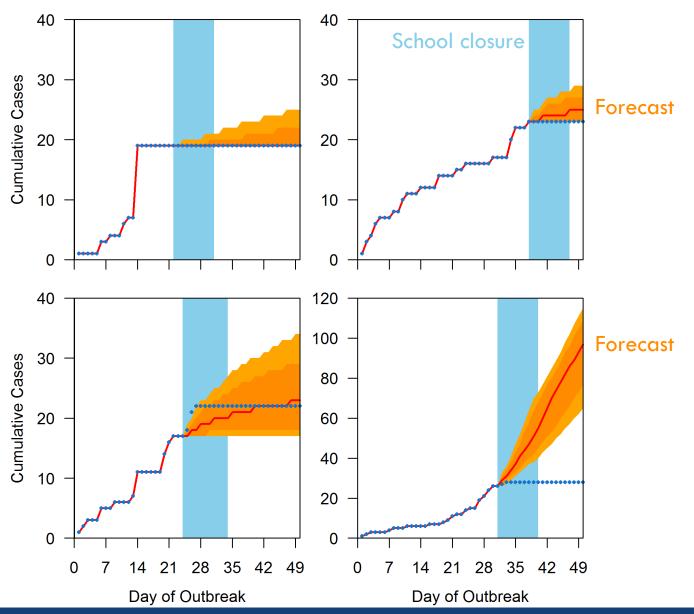
Saw Swee Hock School of Public Health

During vacations, transmissibility was reduced to 93% for children <12; 94% for age 0 to 2; 93% for age 3 to 5; 90% for age 6 to 11, relative to term time.



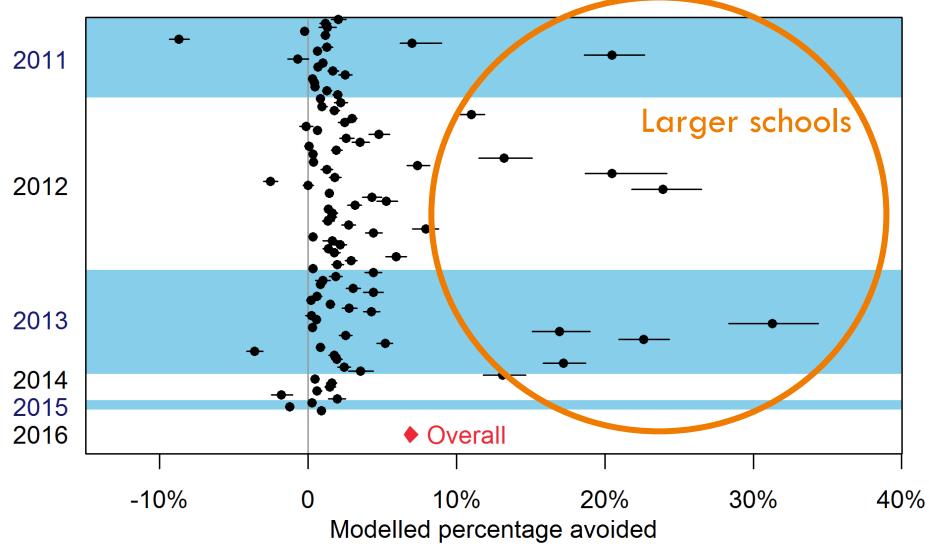
Analysis 3: closure due to HFMD outbreak





Analysis 3: closure due to HFMD outbreak

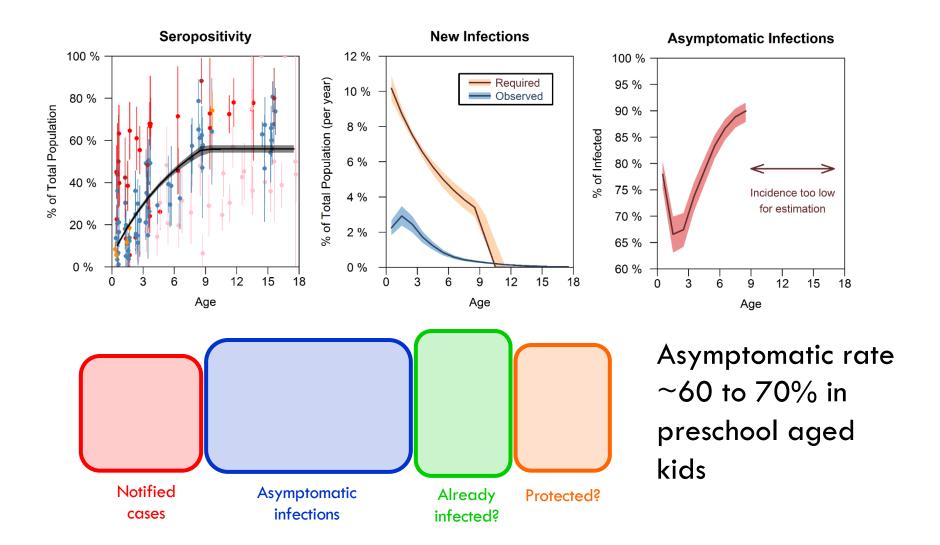




Around 7–8% reduction in cases due to closure

Why so little effect?





Take homes:



Although we found that school closure in response to outbreaks does have a positive effect in reducing transmission, the effect is small.

Outbreak-driven (unplanned) closures cause disruptions to parents/families.

Routine use of school closure outside of public health emergencies may not warrant the impact on families and could be relaxed.





- Chen et al (2018) The Effect of School Closure on Hand, Foot, and Mouth Disease Transmission in Singapore: A Modeling Approach. Am J Trop Med Hyg <u>99:</u>1625-32
- Koh et al (2018). Severity and burden of hand, foot and mouth disease in Asia: a modelling study. BMJ Global Health 3:e000442.
- Siegel et al (2017). The impact of hand, foot and mouth disease control policies in Singapore: A qualitative analysis of public perceptions. J Public Health Policy 38:271-87.
- Koh et al (2016). The Epidemiology of Hand, Foot and Mouth Disease in Asia: A Systematic Review and Analysis. Pediatr Infect Dis J 35:e285-300.