

Elucidating causative mechanisms and trying to slow Parkinson's disease progression

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Grand Rapids, Michigan, USA

National Medical Research Council of Singapore

Awards Ceremony and Research Symposium

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Today's talk

- What is Parkinson's disease (PD)?
- What are the causes of PD?
- Can new targets result in slower disease progression?
- Can better animal models help?
- Is drug repurposing one way forward?

Parkinson's symptoms

- Motor symptoms (stiffness, slowness, tremor)
- Non-motor issues (depression, dementia, loss of sense of smell, constipation, sleep disorder, etc)
- Some symptoms precede motor symptoms by over a decade - “prodromal” Parkinson's exists!



Parkinson's - societal impact

- 1 million US patients and 10 million worldwide
- \$25 billion cost annually in US alone

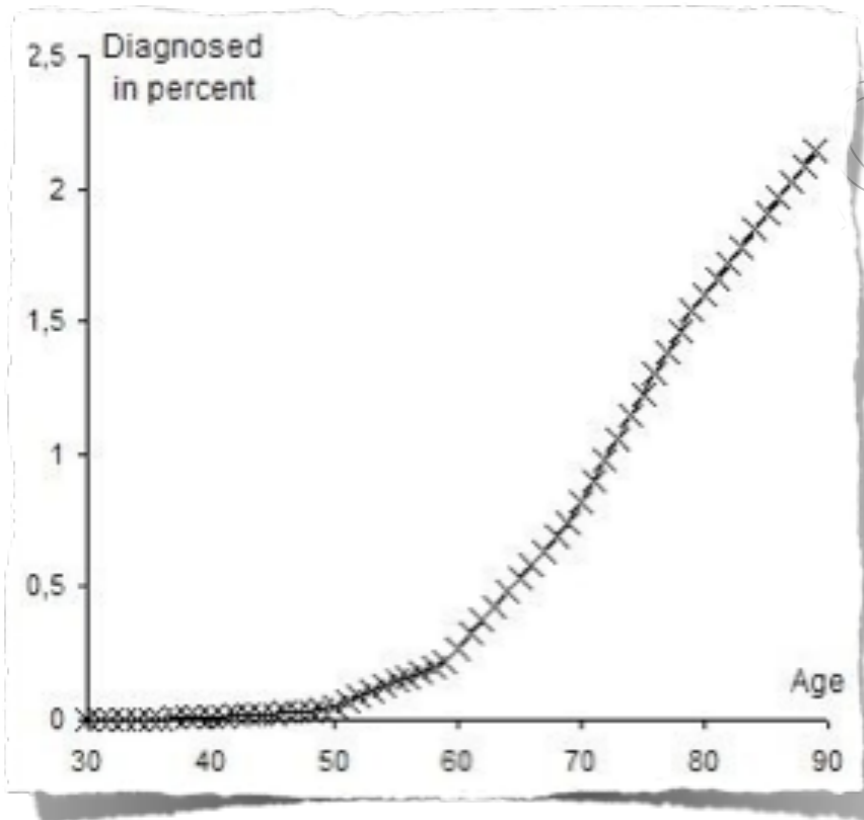
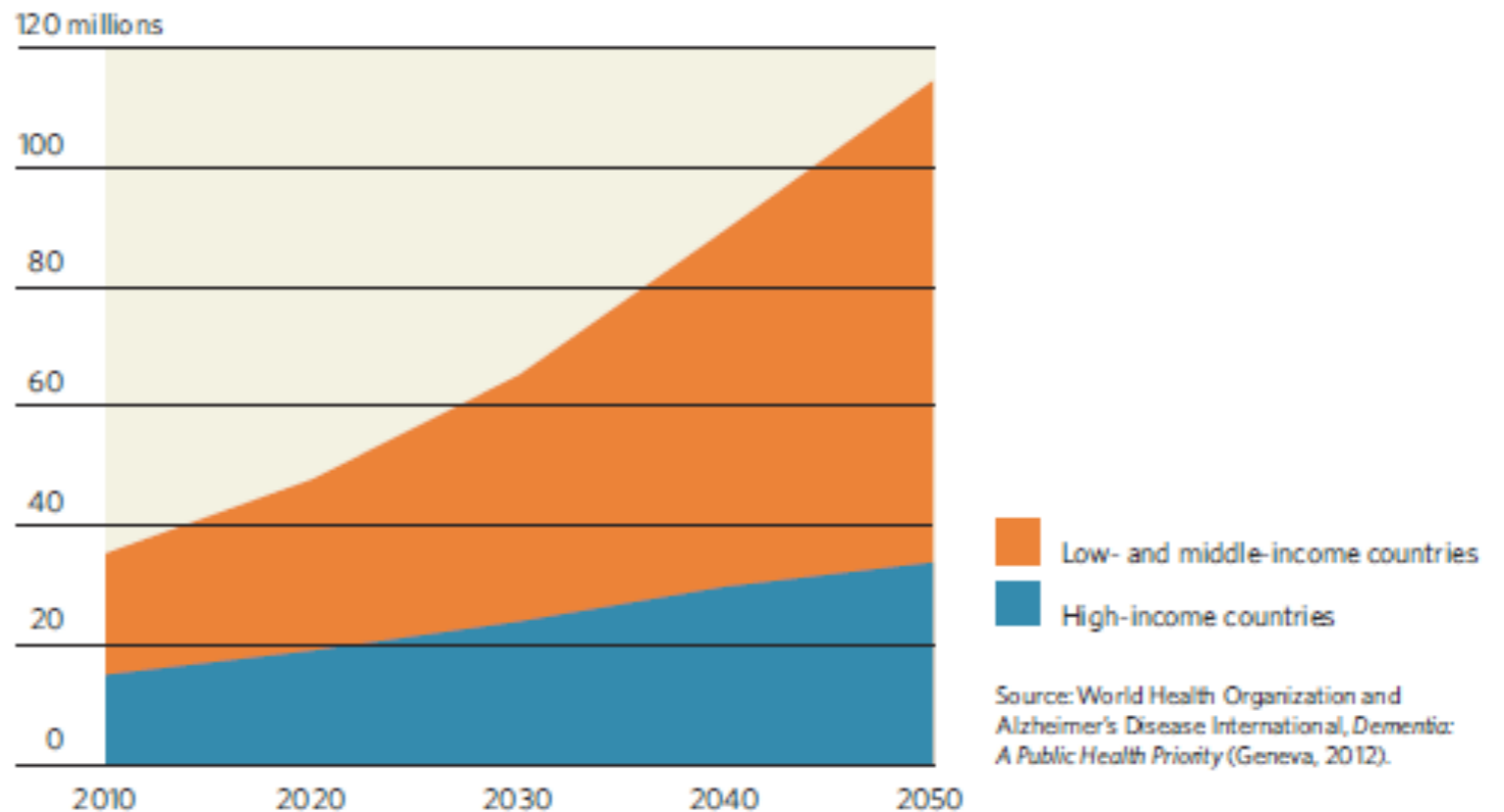
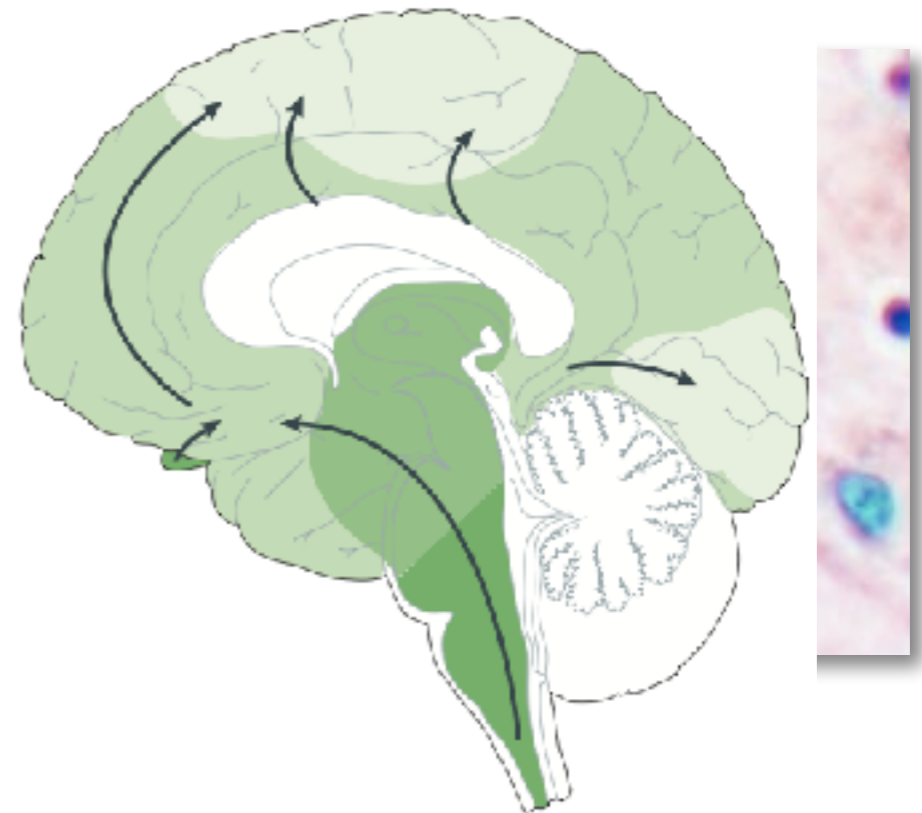
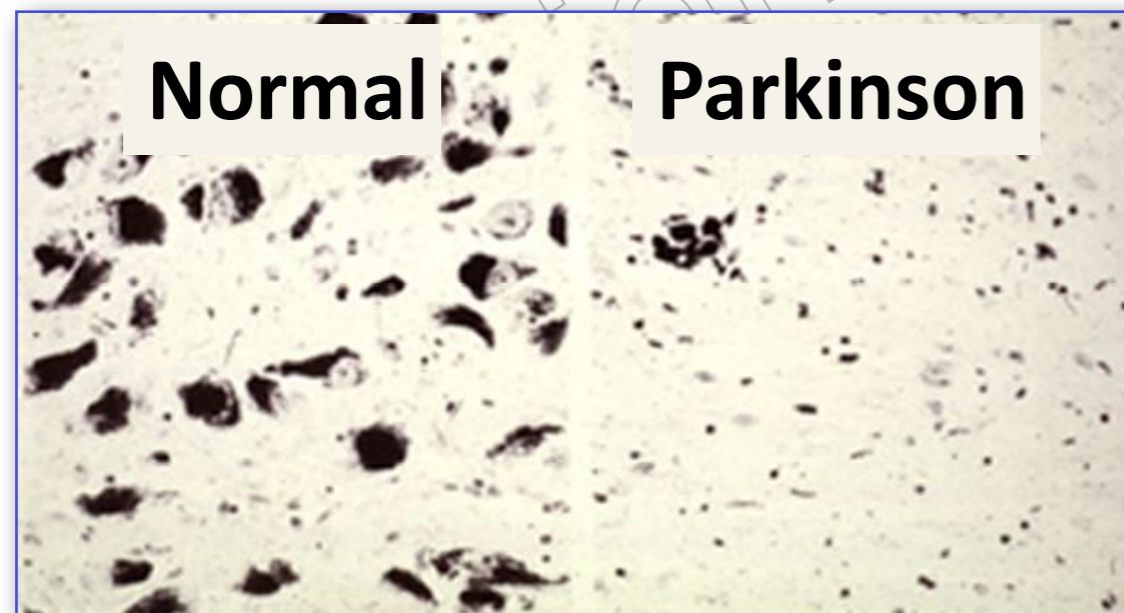


Figure 5: Growth in numbers of people with dementia in high-income and low- and middle-income countries



Parkinson's pathology

- Death of dopamine neurons is key to motor symptoms
- Lewy bodies (protein aggregates) a salient feature
- Many brain regions are progressively affected



Unmet medical needs

- Dopamine-replacement therapies treat motor symptoms well for several years
- Non-motor symptoms lack effective therapies
- No therapies effectively slow PD progression



Do we need to know the cause(s) of PD?

Four approaches to disease-modifying therapy:

- Identify the root cause, and fix it
- Target an "intermediary step" in the disease process
- Guess the cause, and target it
- Fire a shotgun, pray, and hope you hit something!

Overview of targets for disease-modification

Neuroinflammation

Protein aggregation

Energy deficiency

Oxidative stress

Overview of targets for disease-modification

Energy deficiency

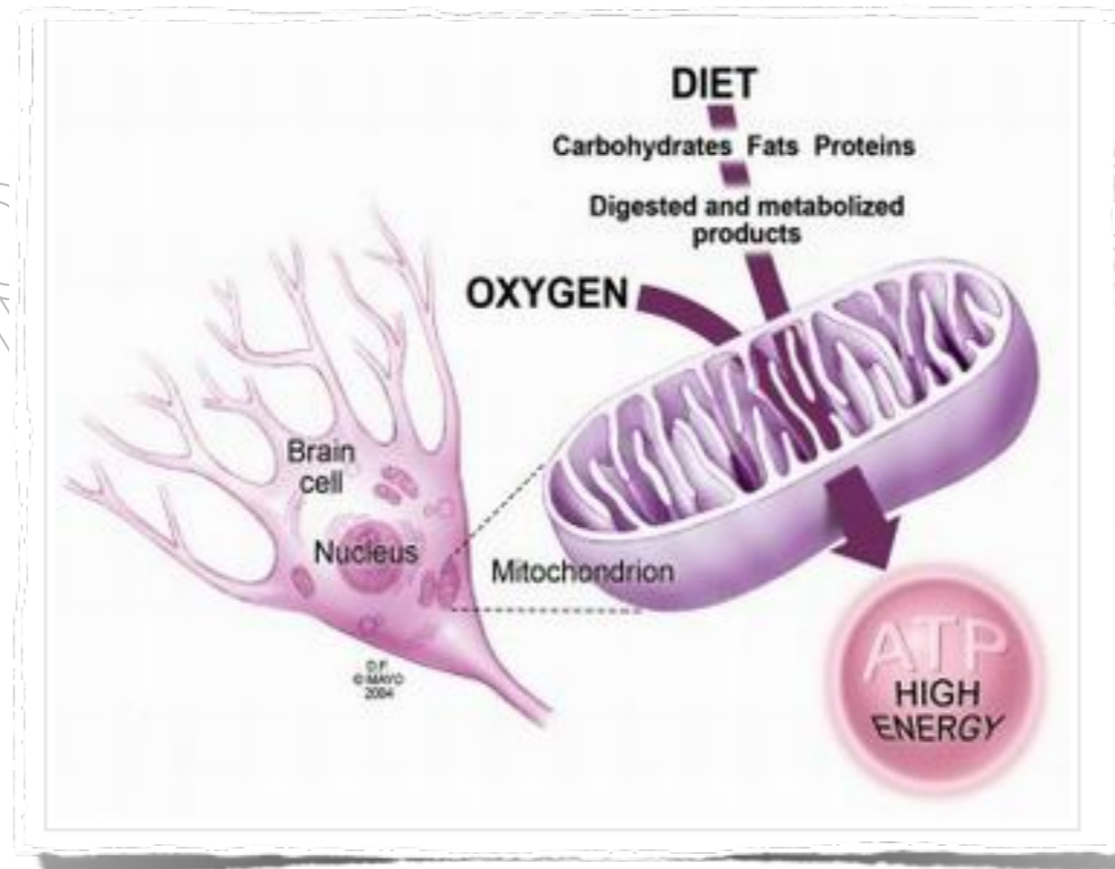
Oxidative stress

Protein aggregation

Neuroinflammation

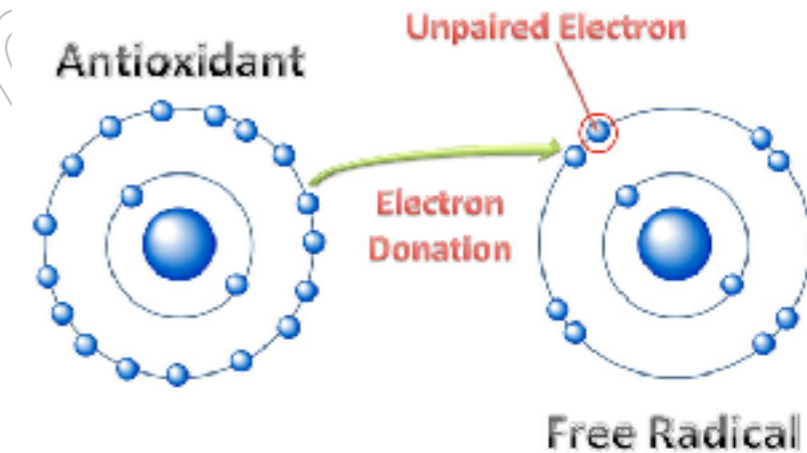
Energy deficiency and oxidative stress

- Gene expression changes implicate energy metabolism
- Rare mutations linked to mitochondria cause PD
- Mitochondrial toxins cause PD-like changes
- Free radical stress - byproduct of mitochondrial failure?



Energy deficiency and oxidative stress

- Reduce free radical stress
 - Consult your local health care store...
 - Glutathione
- Improve mitochondrial function
 - Pioglitazone
 - Exenatide



Treating energy deficits

doi:10.1093/brain/aws009

Brain 2012: Page 1 of 11 | 1

BRAIN
A JOURNAL OF NEUROLOGY

REVIEW ARTICLE

Parkinson's disease, insulin resistance and novel agents of neuroprotection

Iciar Aviles-Olmos,¹ Patricia Limousin,¹ Andrew Lees² and Thomas Foltynie¹

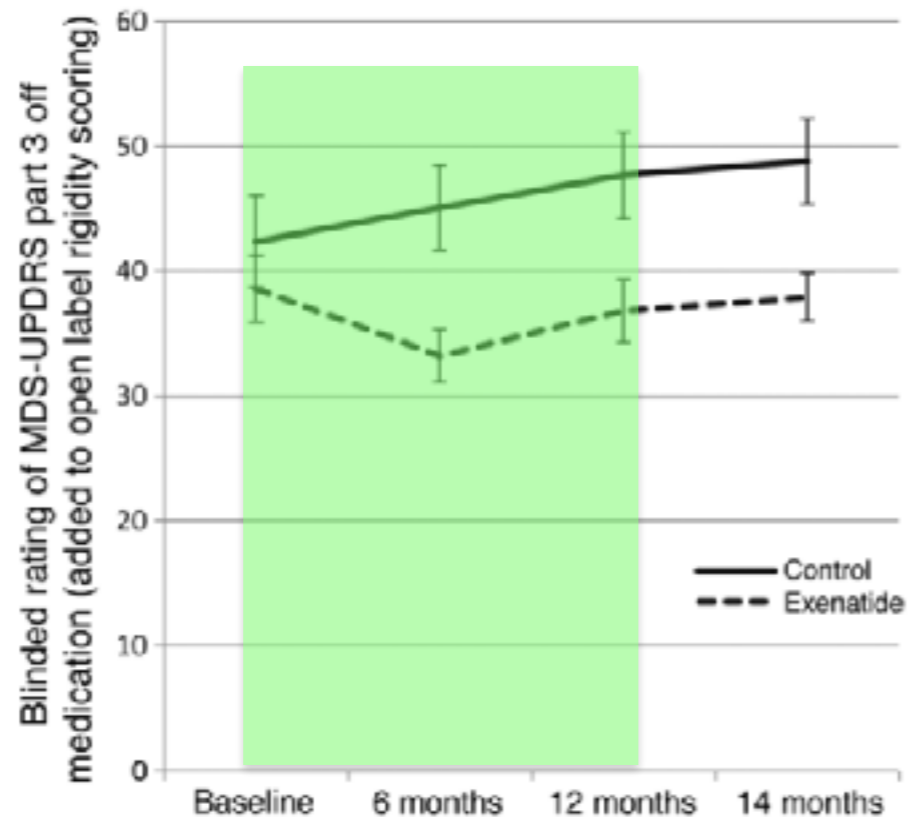


Treating energy deficits

Exenatide and the treatment of patients with Parkinson's disease

Iciar Aviles-Olmos,¹ John Dickson,² Zinovia Kefalopoulou,¹ Atbin Djamshidian,³ Peter Ell,² Therese Soderlund,² Peter Whitton,⁴ Richard Wyse,⁵ Tom Isaacs,⁵ Andrew Lees,³ Patricia Limousin,¹ and Thomas Foltynie¹

J Clin Invest 2013



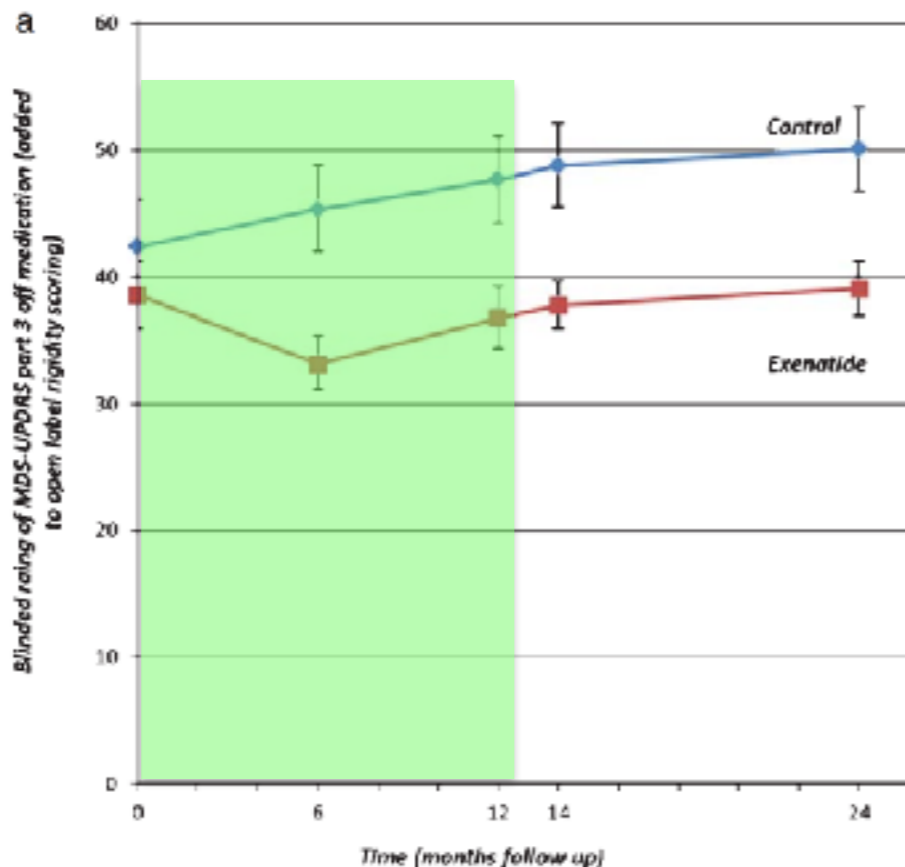
Treating energy deficits

Journal of Parkinson's Disease 4 (2014) 337-344
DOI 10.3233/JPD-140364
IOS Press

Research Report

Motor and Cognitive Advantages Persist 12 Months After Exenatide Exposure in Parkinson's Disease

Iciar Aviles-Olmos^a, John Dickson^b, Zinovia Kefalopoulou^a, Arbin Djamshidian^c, Joshua Kahan^a, Peter Ell^b, Peter Whitton^d, Richard Wyse^e, Tom Isaacs^e, Andrew Lees^c, Patricia Limousin^a and Thomas Foltynie^{a,*}



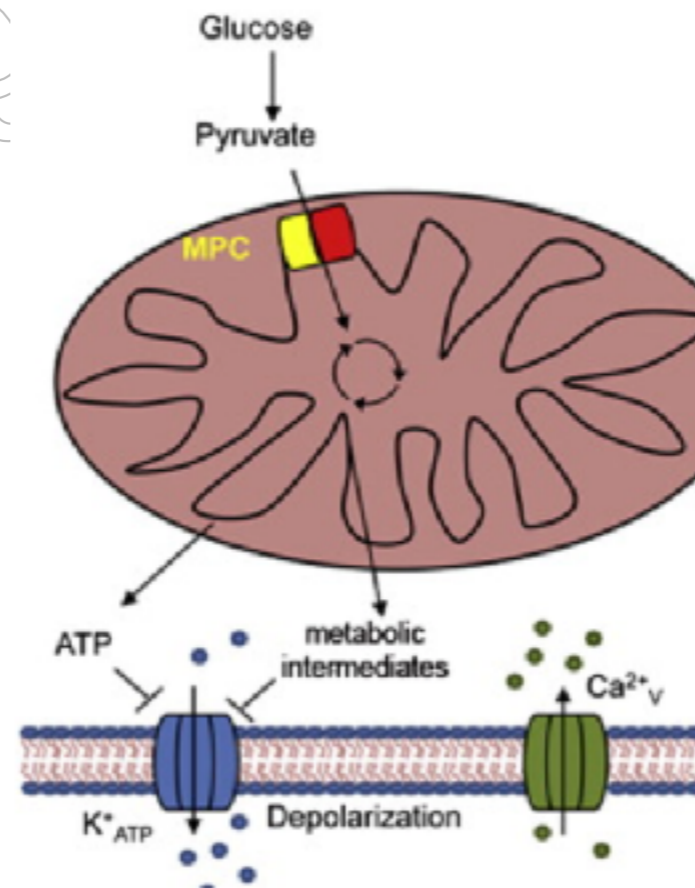
Treating energy deficits

SCIENCE TRANSLATIONAL MEDICINE | RESEARCH ARTICLE

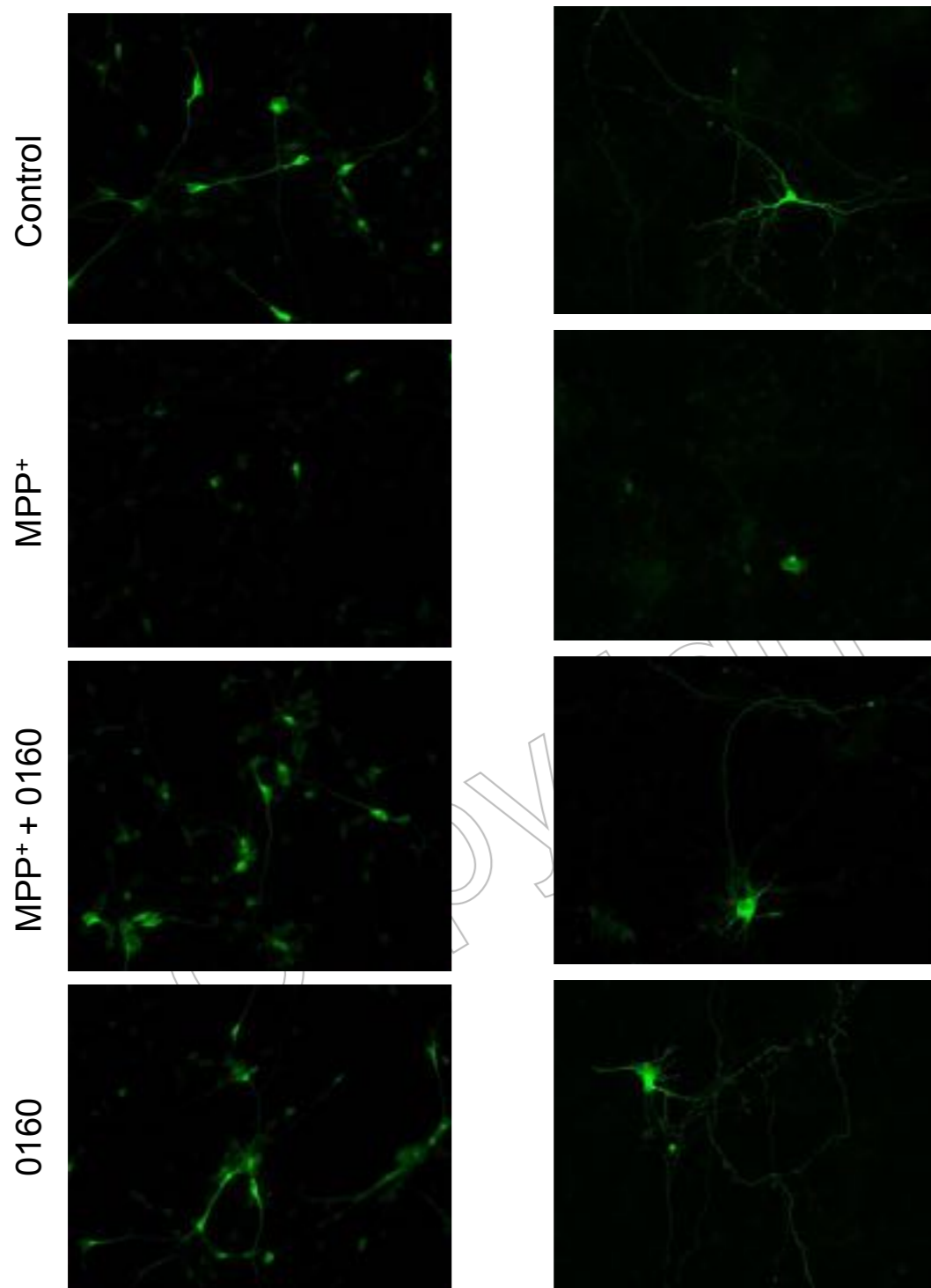
PARKINSON'S DISEASE

Mitochondrial pyruvate carrier regulates autophagy, inflammation, and neurodegeneration in experimental models of Parkinson's disease

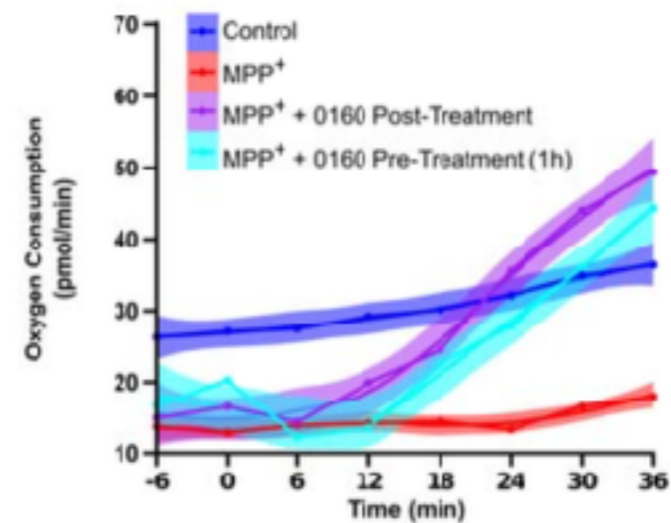
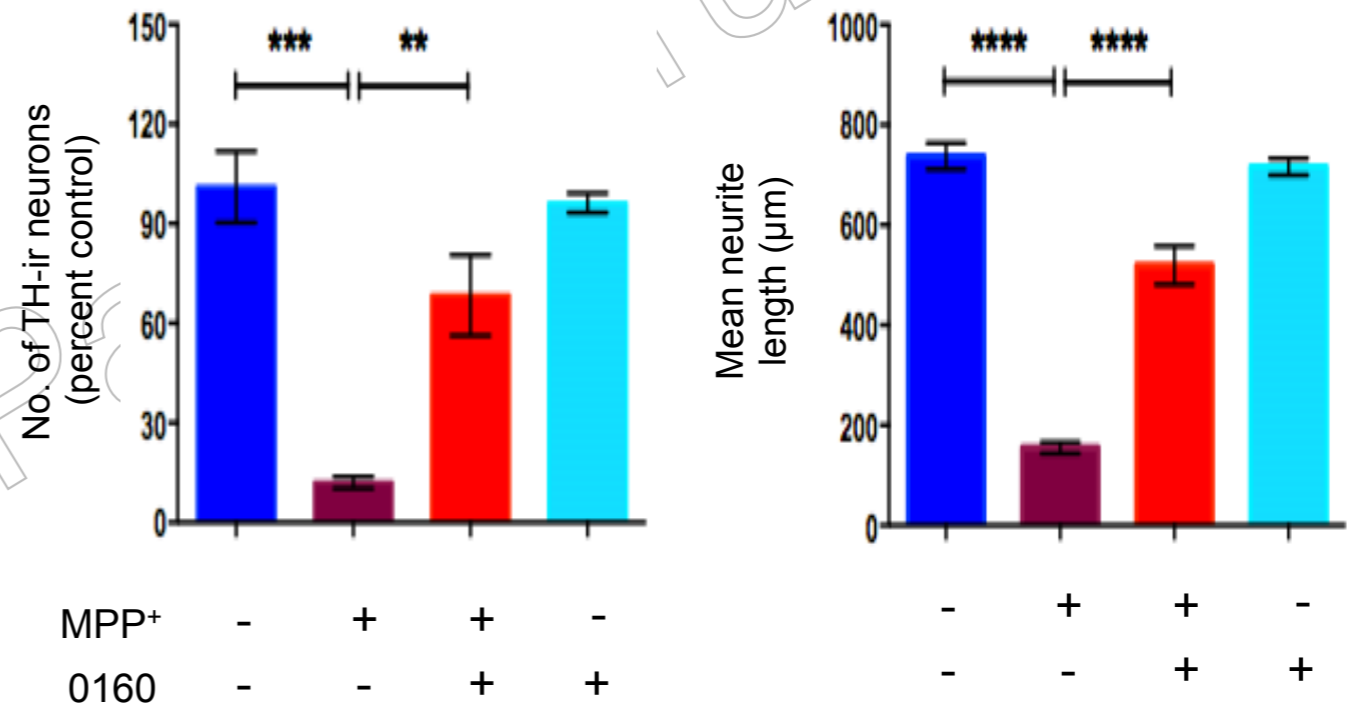
Anamitra Ghosh,¹ Trevor Tyson,¹ Sonia George,¹ Erin N. Hildebrandt,¹ Jennifer A. Steiner,¹ Zachary Madaj,² Emily Schulz,¹ Emily Machiela,¹ William G. McDonald,³ Martha L. Escobar Galvis,¹ Jeffrey H. Kordower,^{1,4} Jeremy M. Van Raamsdonk,¹ Jerry R. Colca,³ Patrik Brundin^{1*}



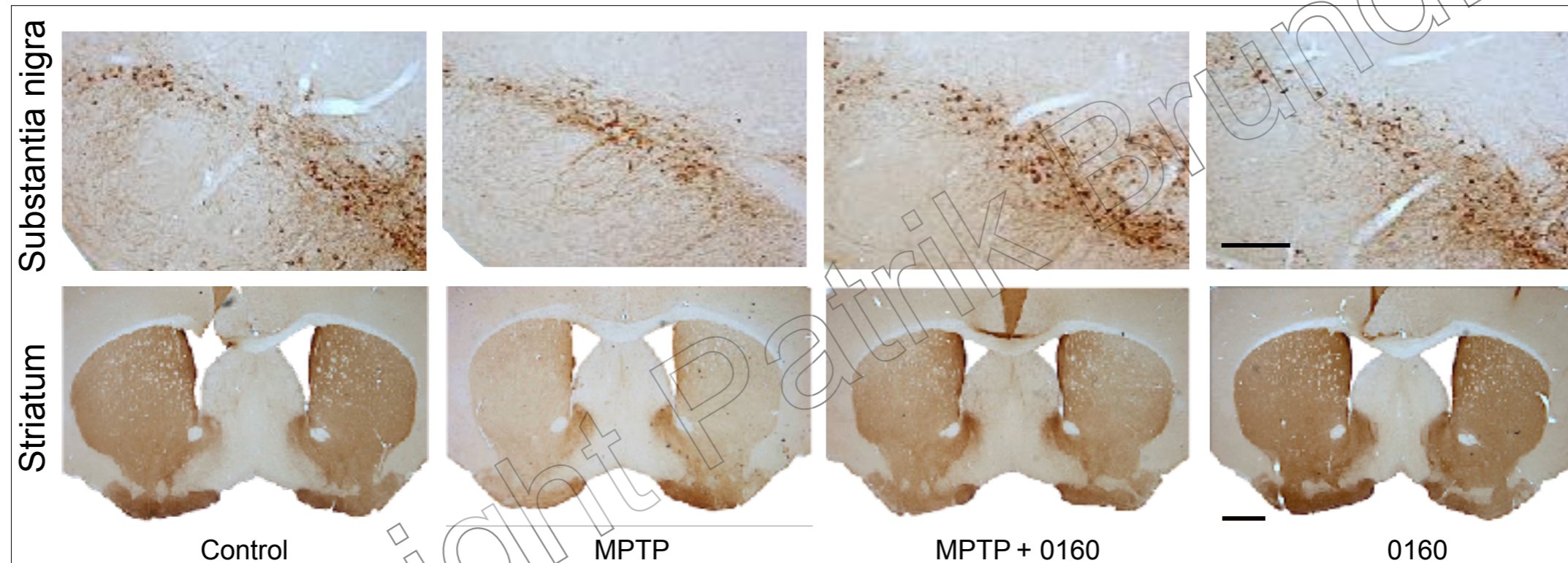
MSDC-0160 (MPC modulator) protects cultured human dopamine neurons



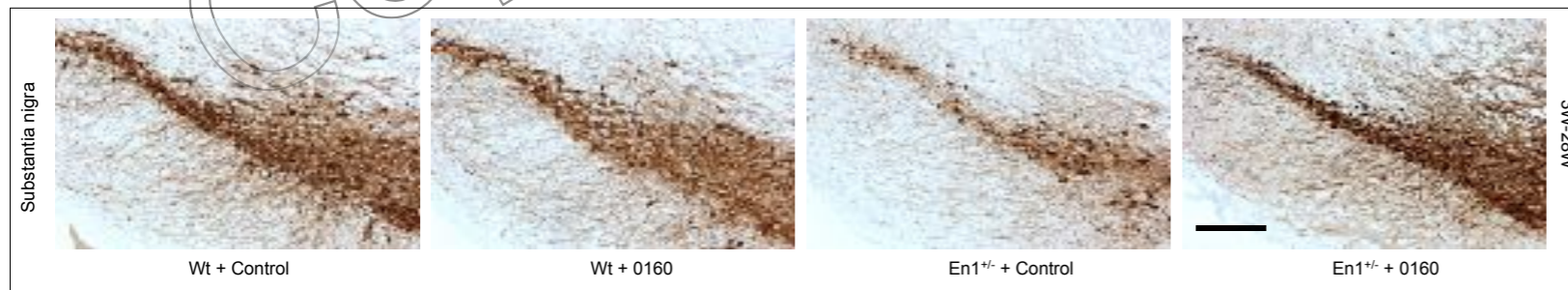
Human dopamine neurons



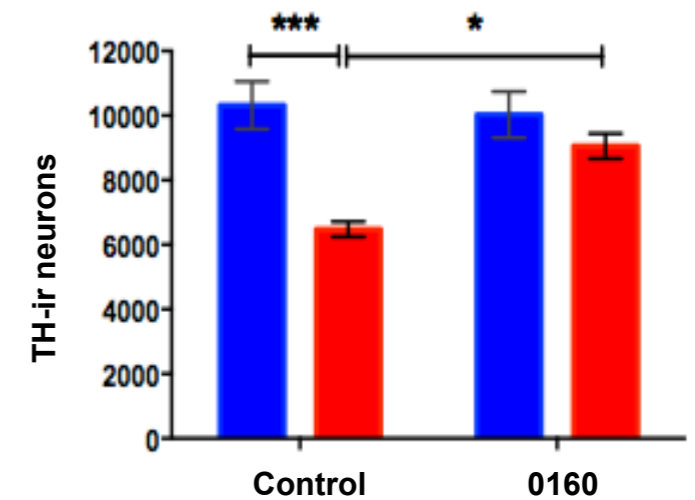
MSDC-0160 protects dopamine neurons in mouse PD models



MPTP



Engrailed1 +/-

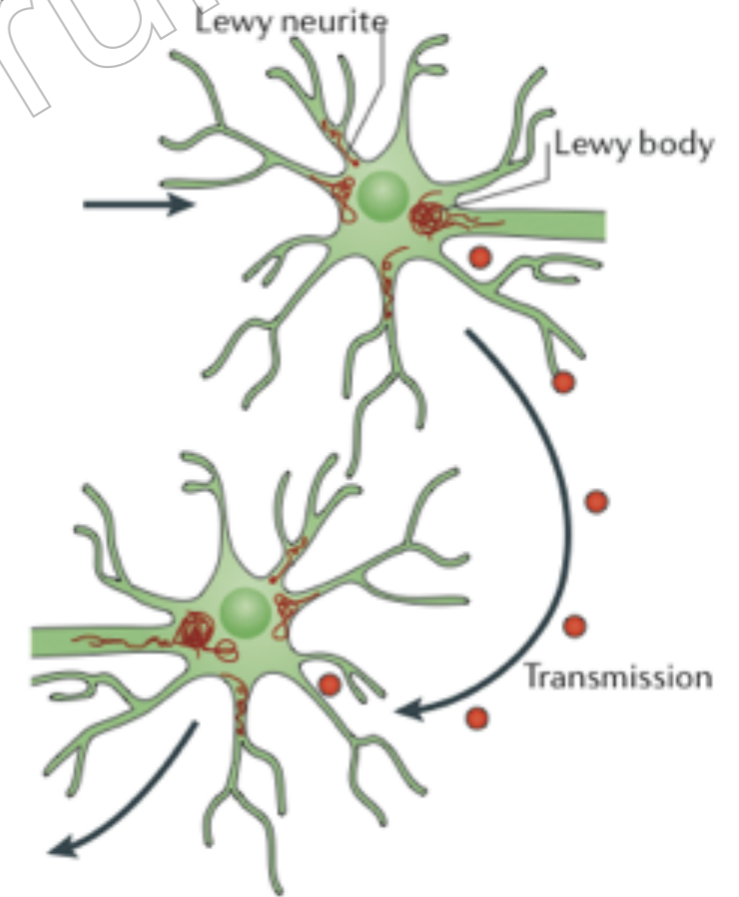
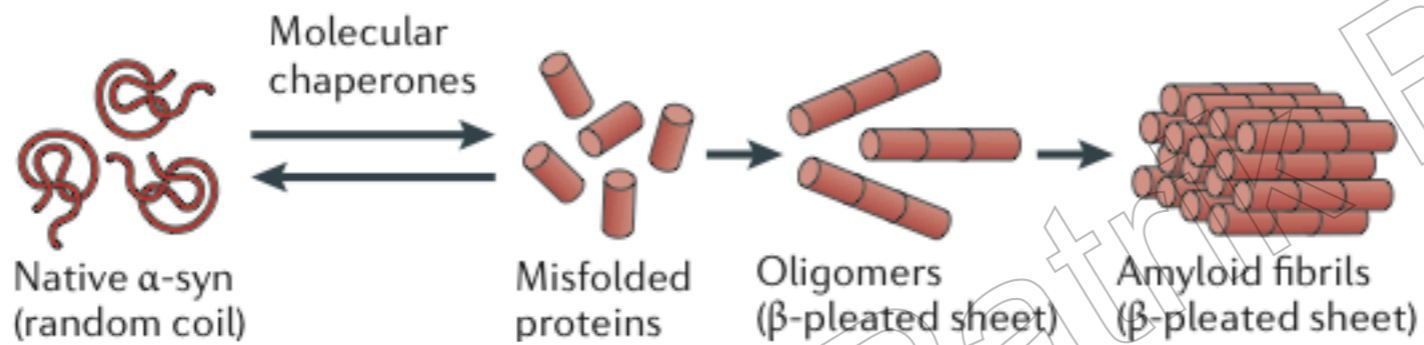


Ghosh et al 2016

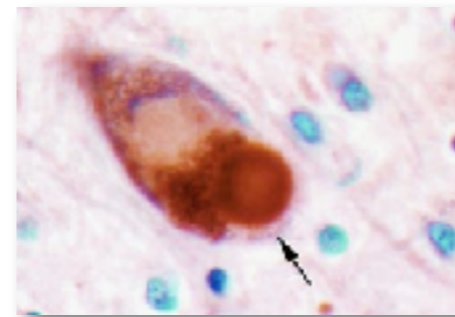
Protect against bad proteins?

Protect against proteins aggregates

α -synuclein - the bad guy



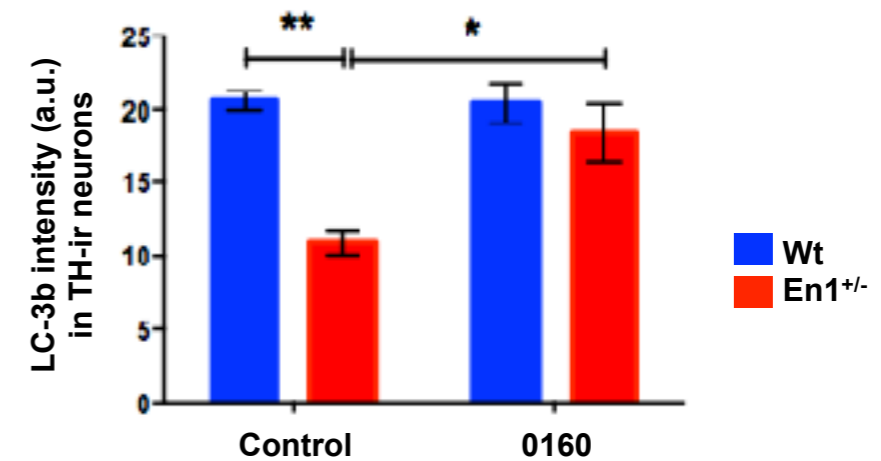
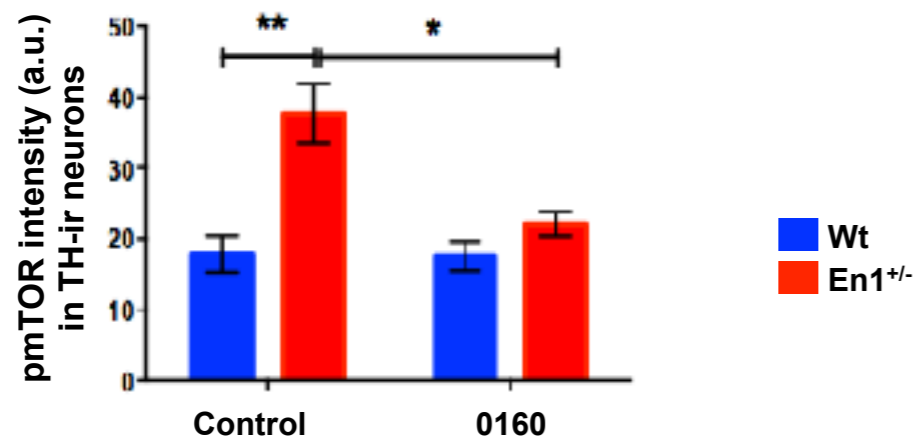
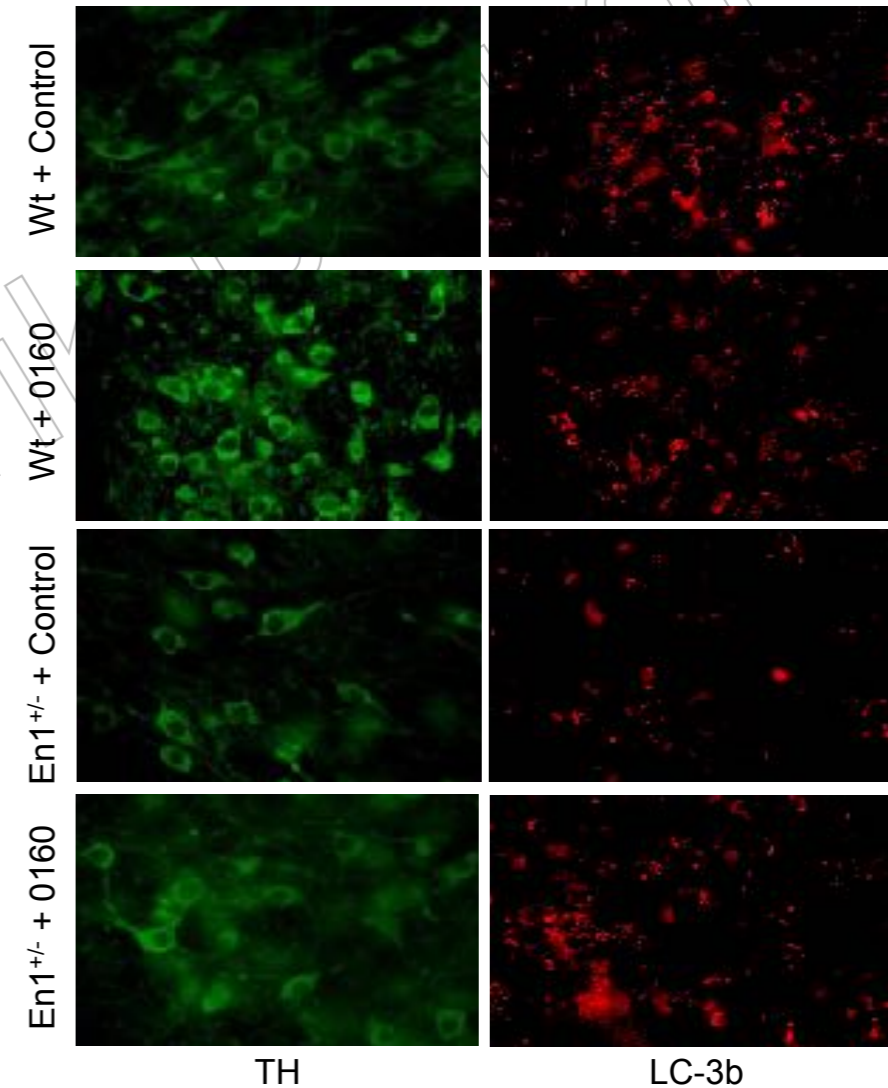
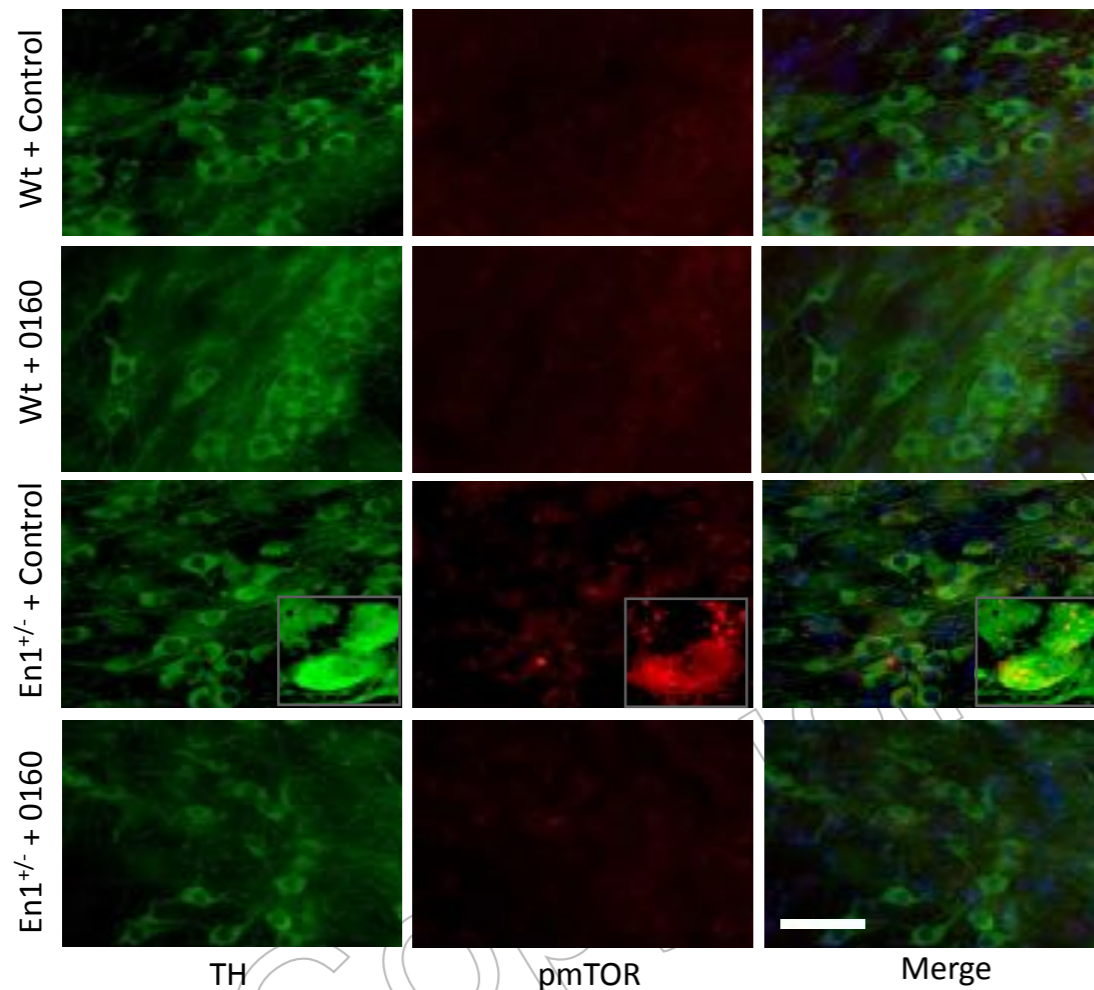
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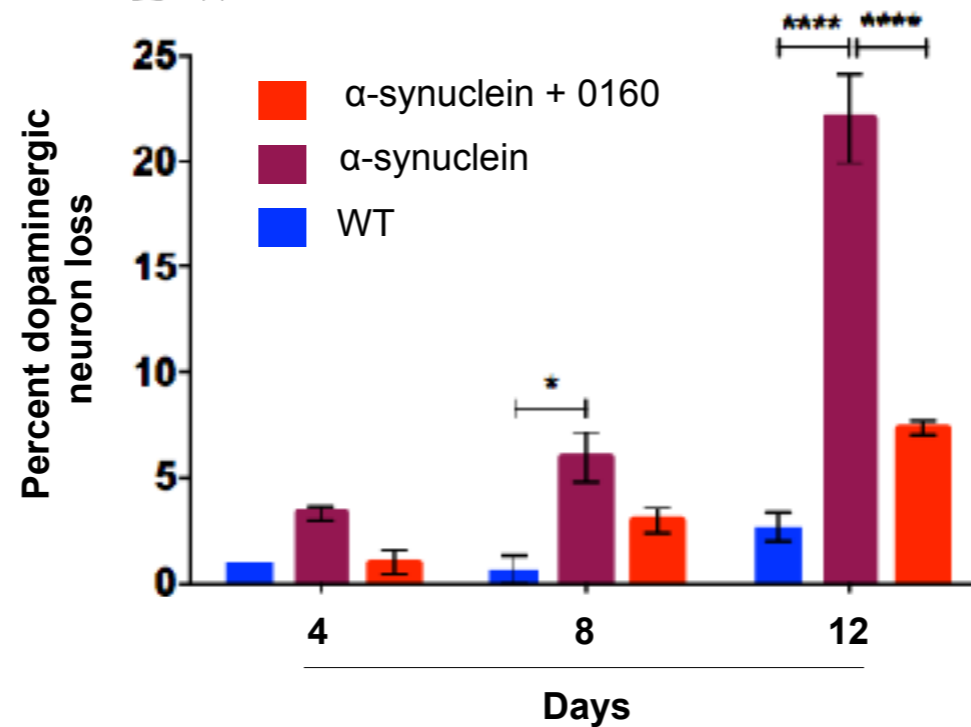
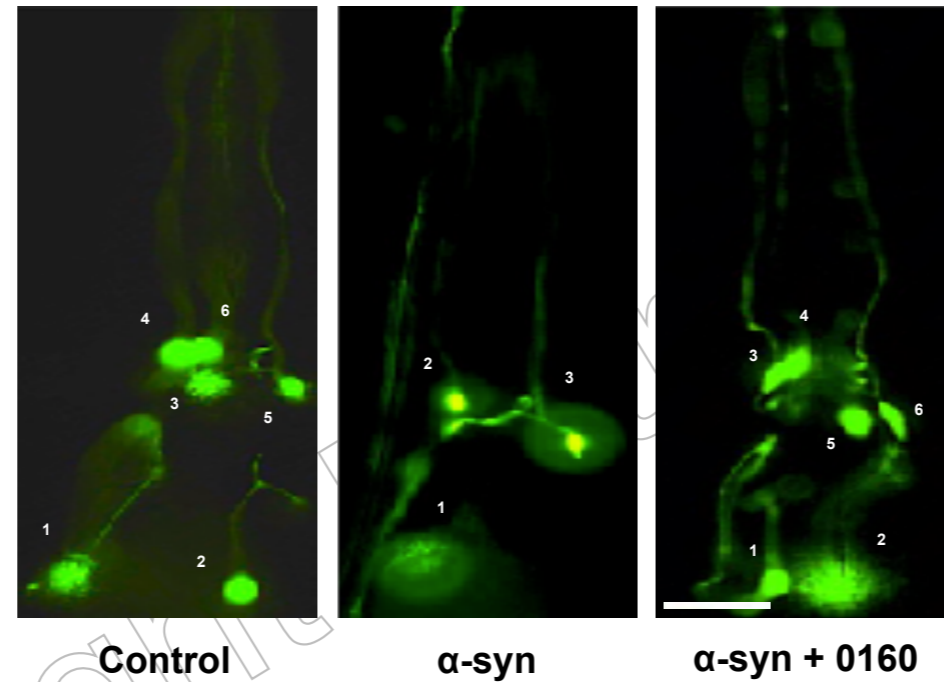
Lewy body

MSDC-0160 normalises autophagy in mouse PD model

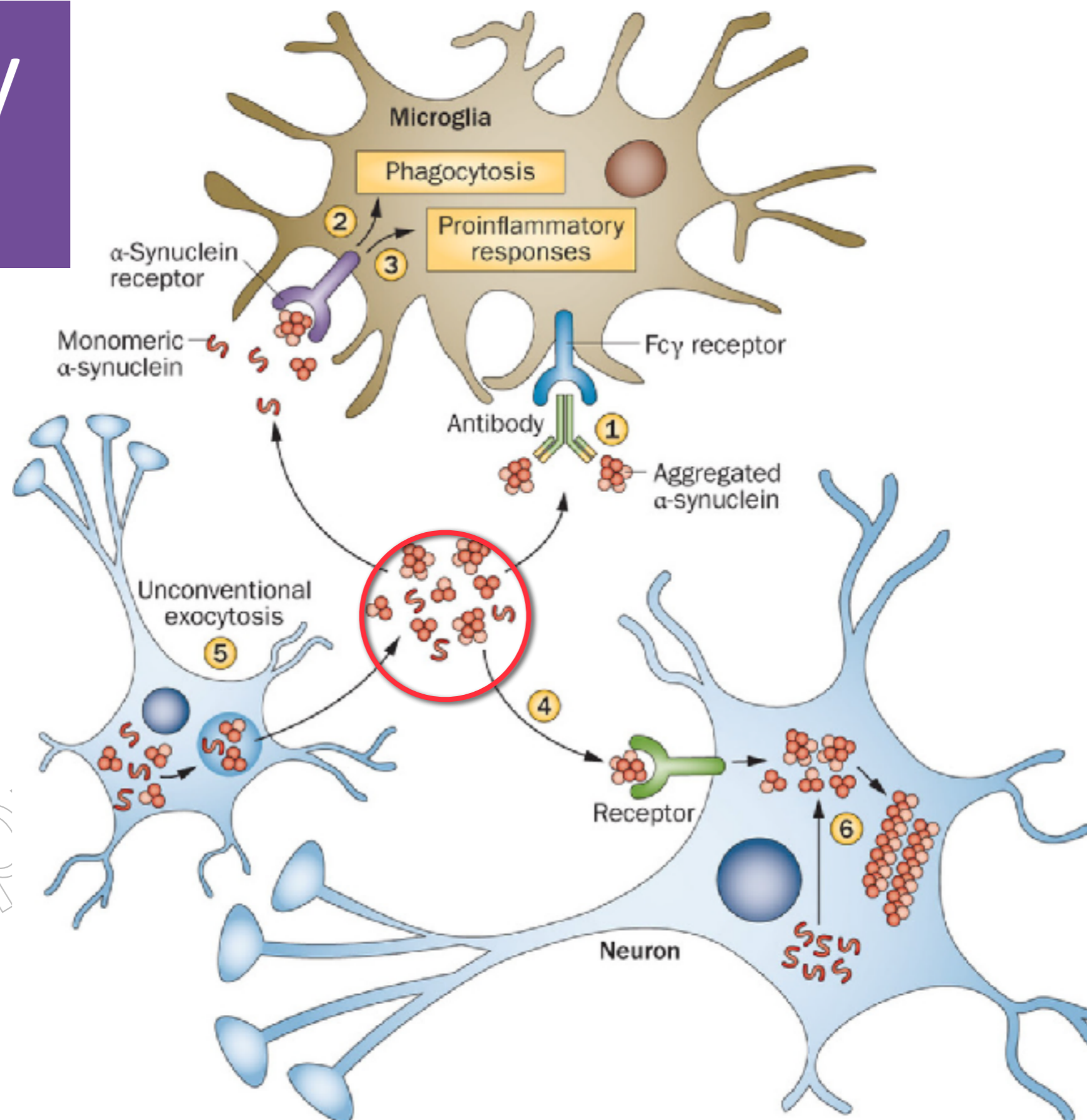
Ghosh et al 2016



MSDC-0160 reduces α -synuclein accumulation in worm PD model

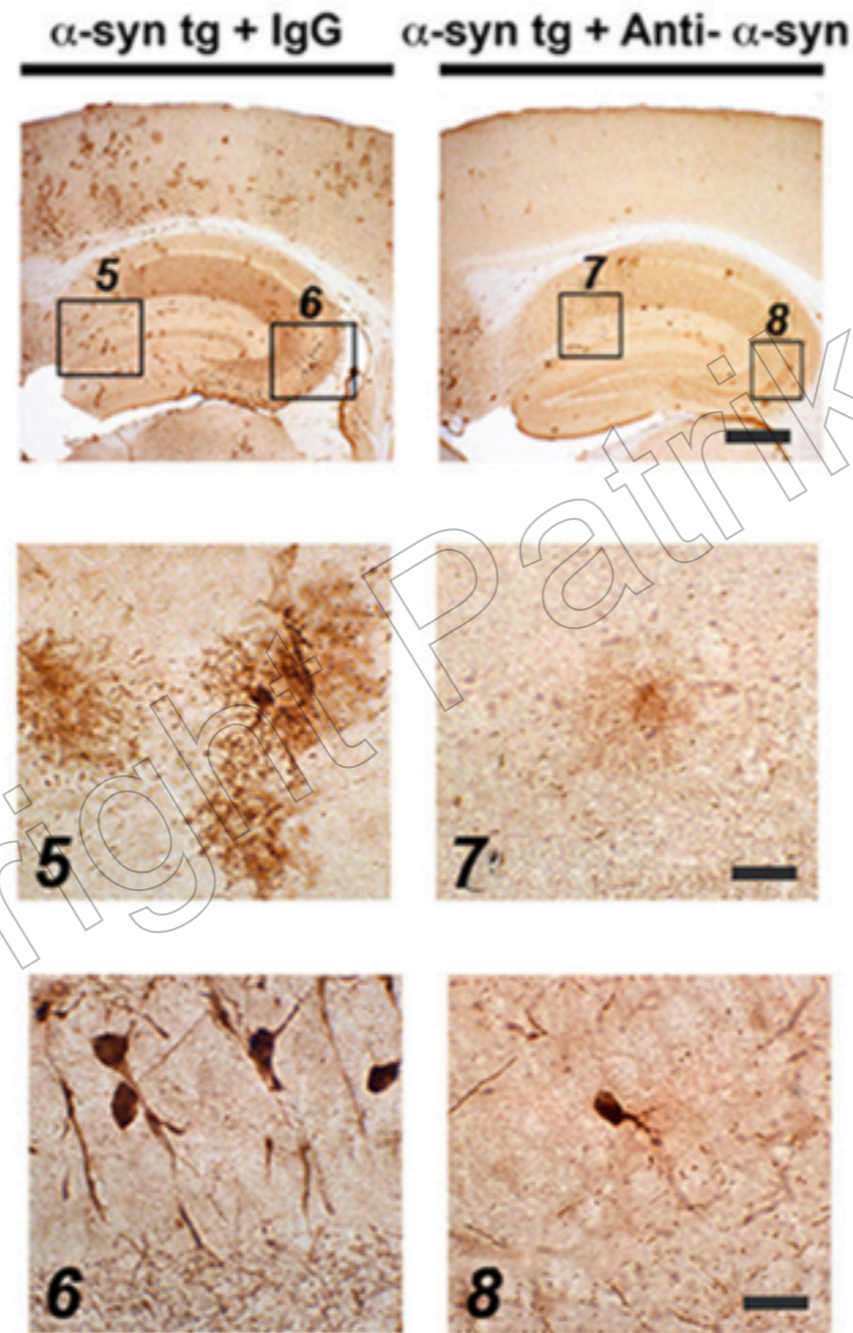


Antibody therapy



Cor

Injection of antibodies against α -synuclein



Reduces α -synuclein aggregates in brain cells



Mar 19, 2015

- **PD01A was Safe and Well Tolerated: Primary**
- **Immune Response was**
- **Rate after**

Movement Disorders, Vol. 32, No. 2, 2017

First-in-Human Assessment of PRX002, an Anti- α -Synuclein Monoclonal Antibody, in Healthy Volunteers

Dale B. Schenk, PhD,^{1†} Martin Koller, MD, MPH,¹ Daniel K. Ness, DVM, PhD,¹ Sue G. Griffith, MD, PhD, MRCP,²
 Michael Grundman, MD, MPH,^{3,4} Wagner Zago, PhD,¹ Jay Soto, BS,¹ George Atiee, MD,⁵ Susanne Ostrowitzki, MD, PhD,⁶ and
 Gene G. Kinney, PhD^{1*}

Primary Objective of Phase 1 Single Ascending Dose

Reduction of Free Serum Alpha-Synuclein, Potential Disease-

Prothena Corporation plc (Nasdaq:PRTA), a late-stage clinical biotechnology company
 commercialization of novel protein immunotherapy programs, today announced positive results
 is the focus of a worldwide collaboration between Prothena and Roche.
 The Michael J. ...
 \$1.5 million grant, and ...



Neuroinflammation

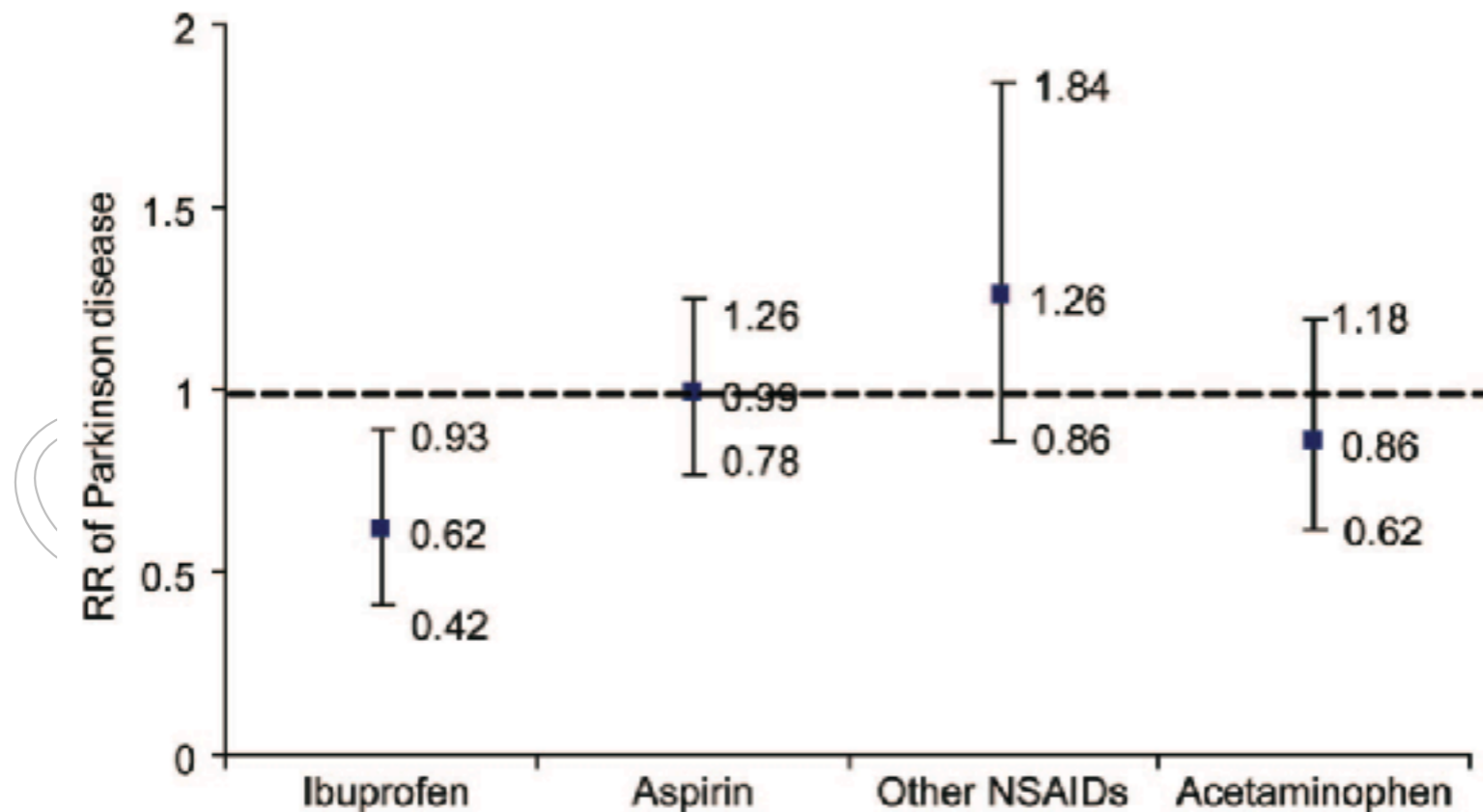
Inflammation \rightleftarrows Nerve cell death



Epidemiological evidence

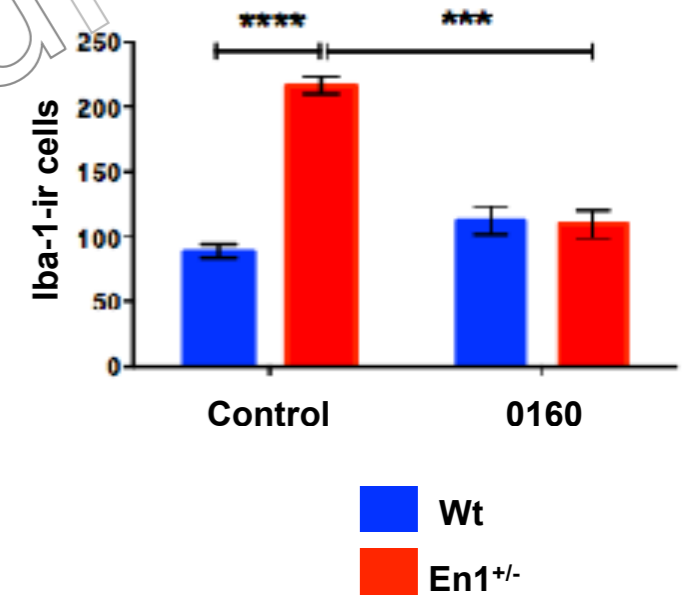
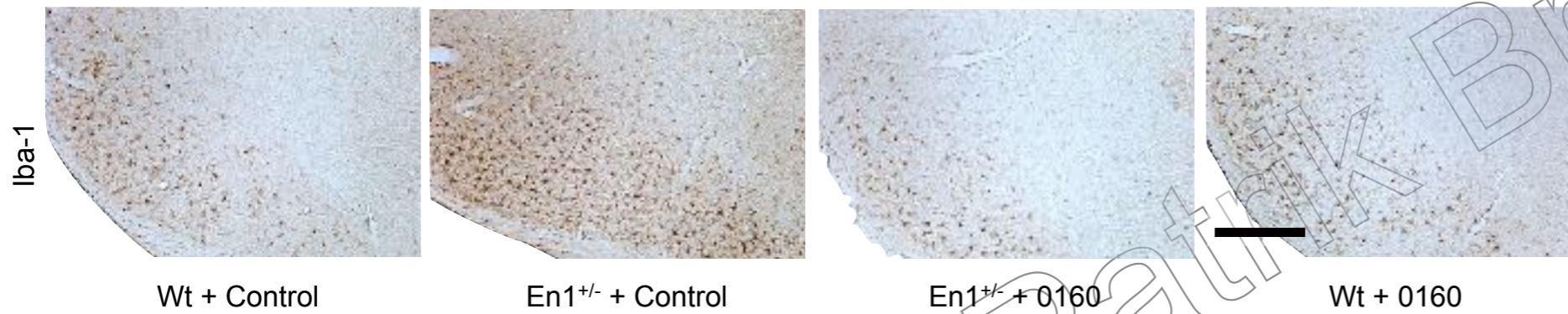
Ibuprofen intake associated with reduced PD risk in 136,197 health professionals

Figure 1 Combined relative risks (RRs) of Parkinson disease according to use of each type of nonsteroidal anti-inflammatory drug (NSAID) or acetaminophen

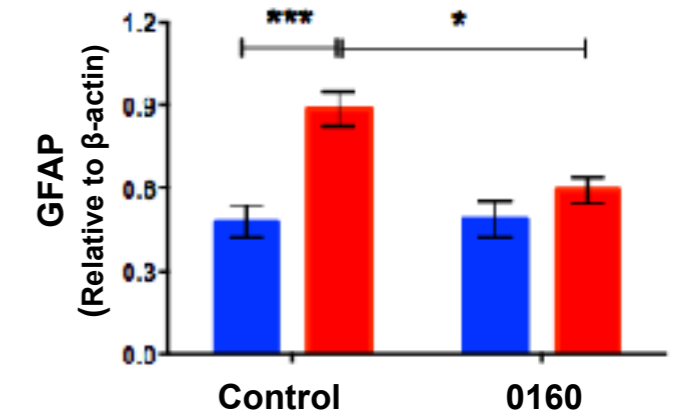
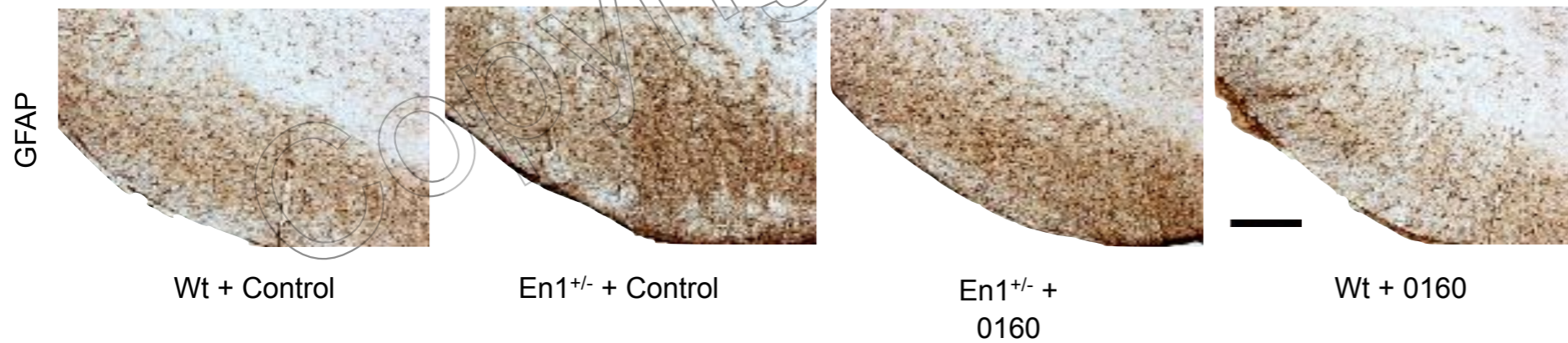


MSDC-0160 reduces neuroinflammation in mouse PD model

Microglia

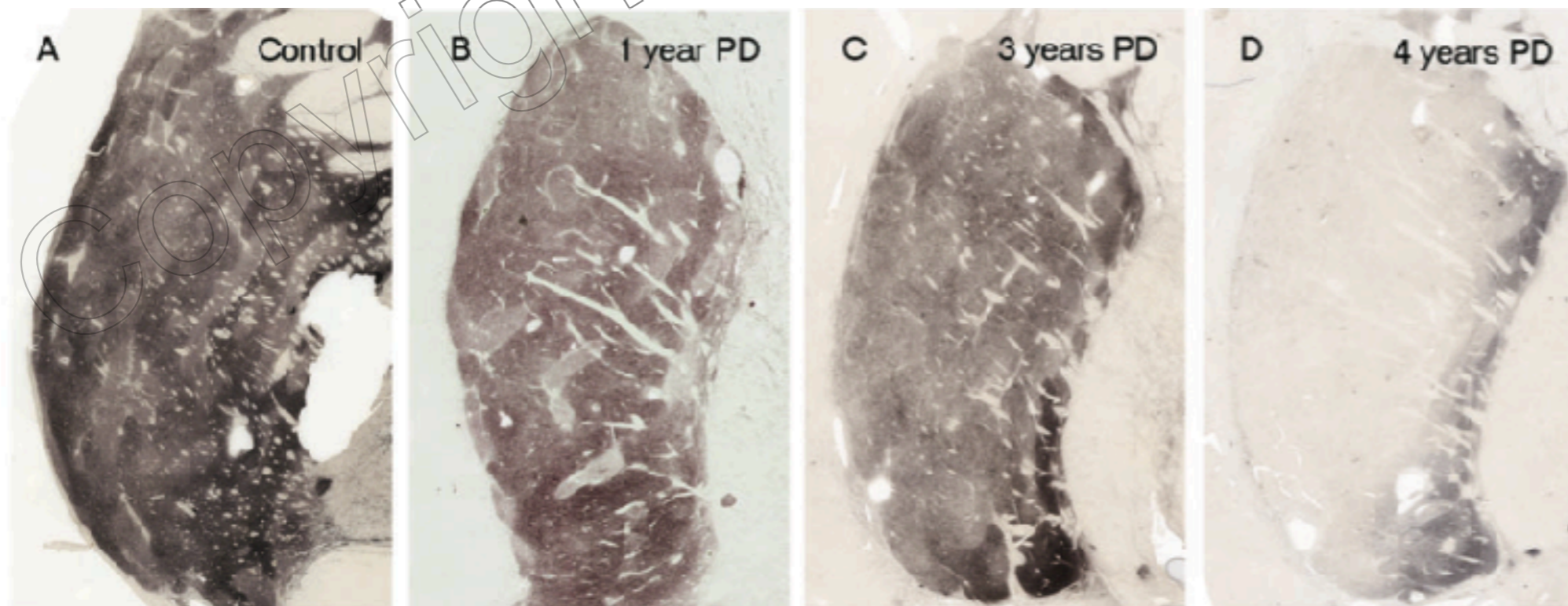


Astroglia



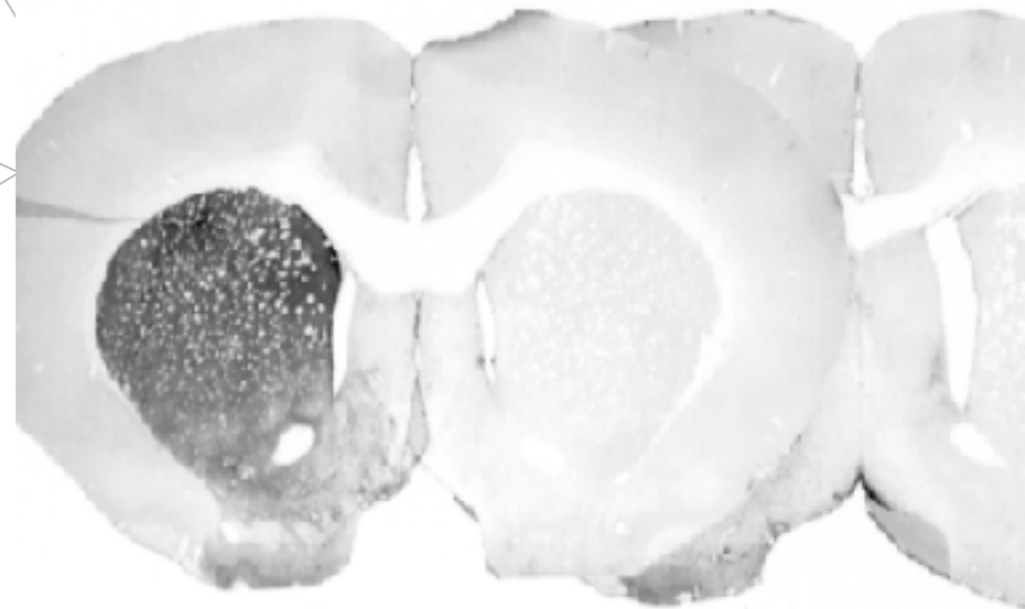
Why still no disease-modifying treatment?

- Are we starting treatments too late?
- Has engagement of molecular targets been poor? (poor BBB penetration, pharmacokinetics etc)
- Are cell and animal models of PD flawed?

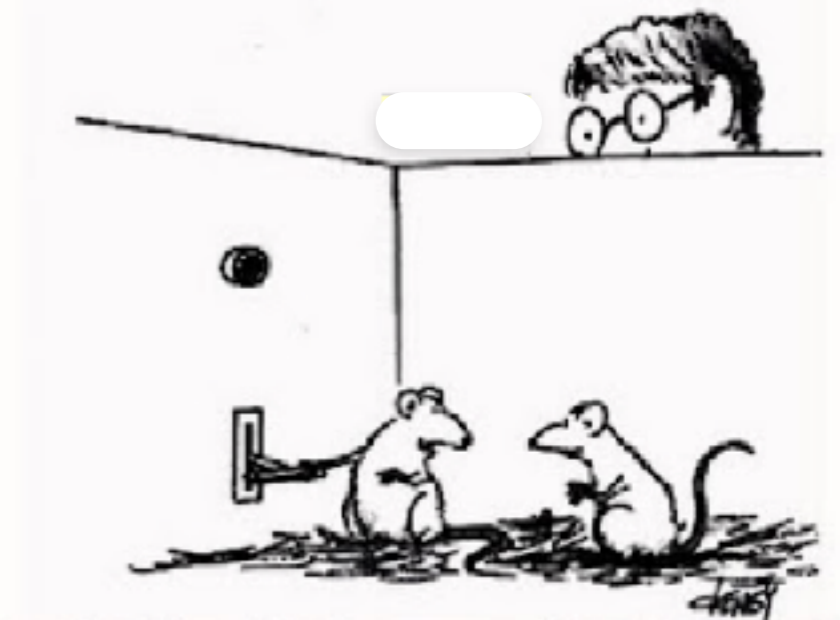


What's wrong with the models?

- Models typically exhibit severe acute cell death (toxin models) or no cell death at all (gene models)
- Many treatments that have 'worked' in cell cultures and rodents failed in clinical trials
- Current models are poor predictors of clinical success



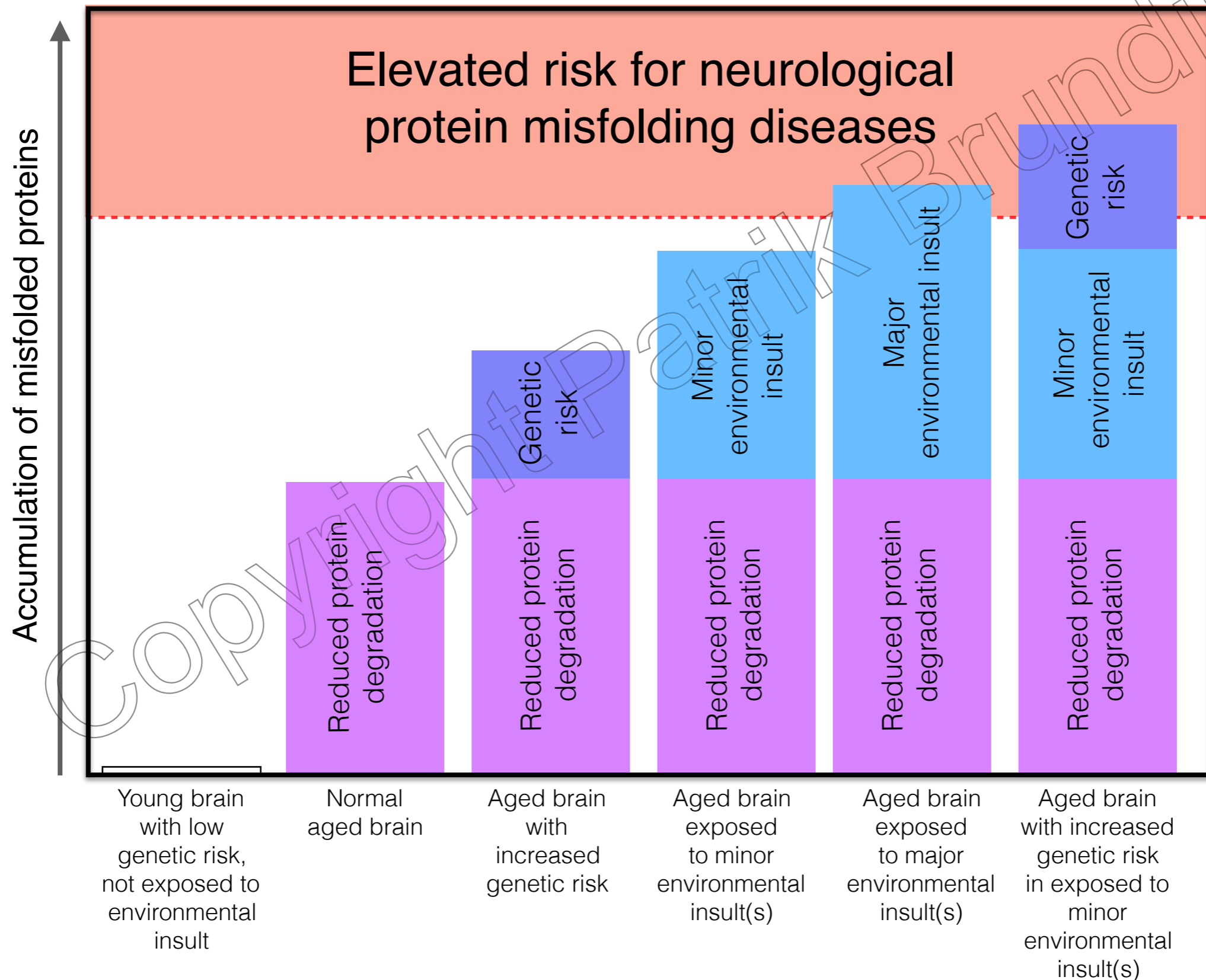
Kirik et al 1998



It's a rather interesting phenomenon. Every time I press this lever, that post-graduate student breathes a sigh of relief.

A multifactorial disease

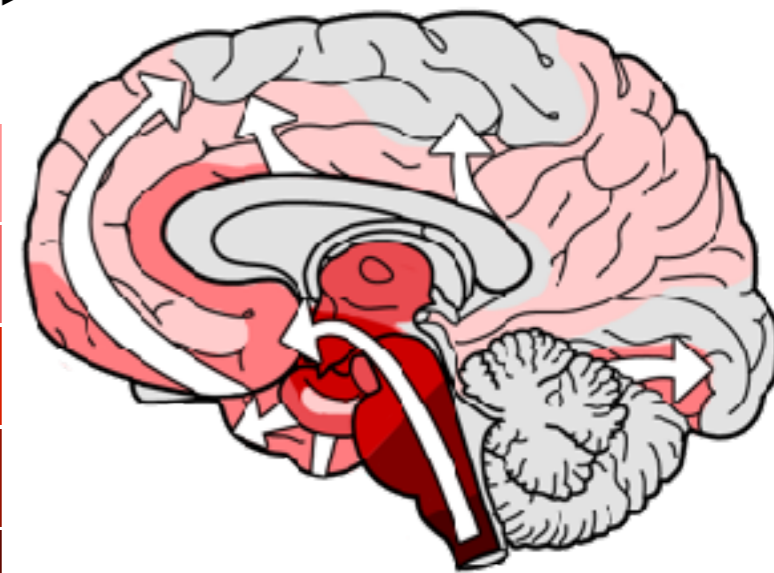
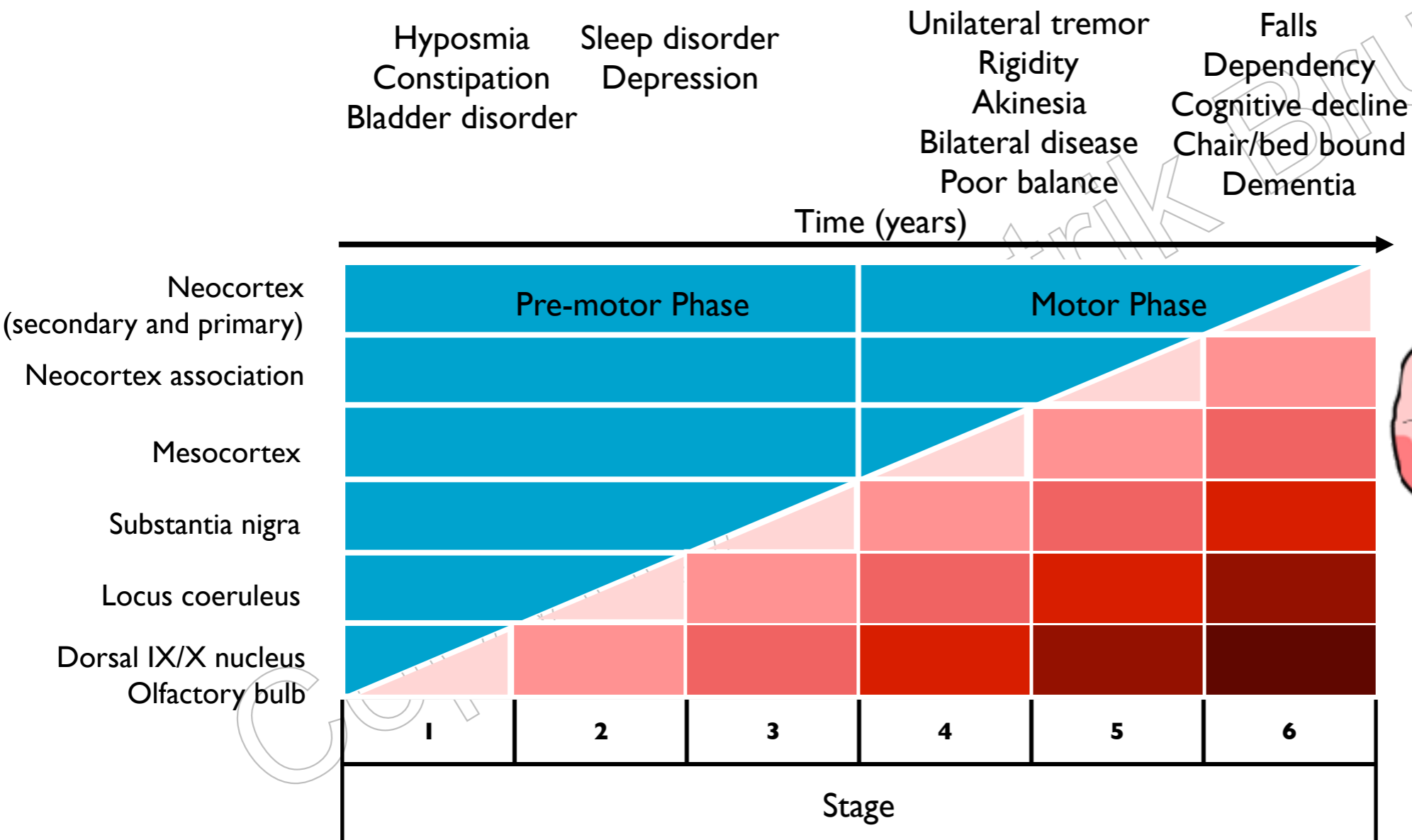
George and Brundin 2017



What's should an ideal model exhibit?

- Key neuropathological features
- Slow progression
- Evidence of the likely pathogenetic mechanisms
- A “prodromal phase”

Creating a model of prodromal PD



Anterior olfactory nucleus

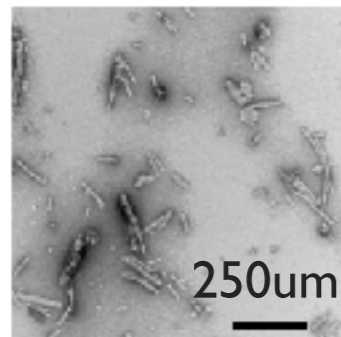


Creating a model of prodromal PD

Create a model of progressive pathology of direct relevance to the “Braak model”

Can preformed α -synuclein fibrils induce spread of pathology in the olfactory system?

Are there associated olfactory deficits?



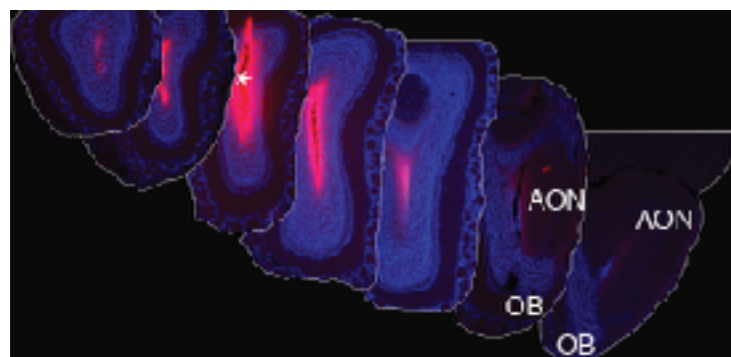
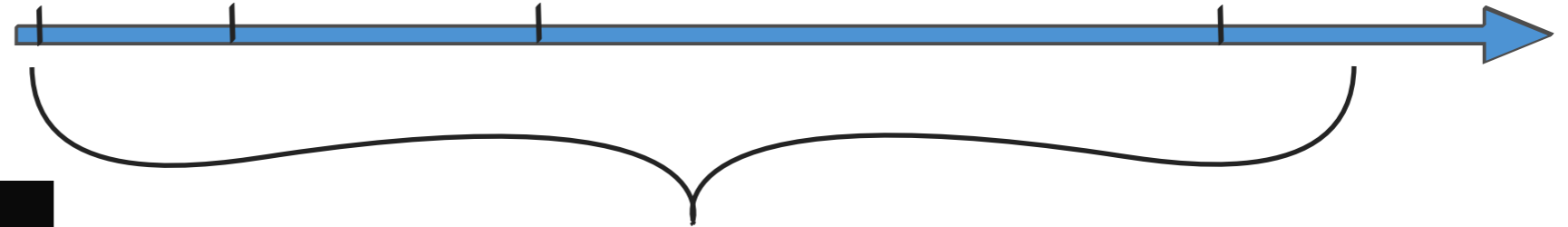
Sonicated preformed α -synuclein fibrils (PFFs)

[monomer and PBS as controls]

Injection into the olfactory bulb

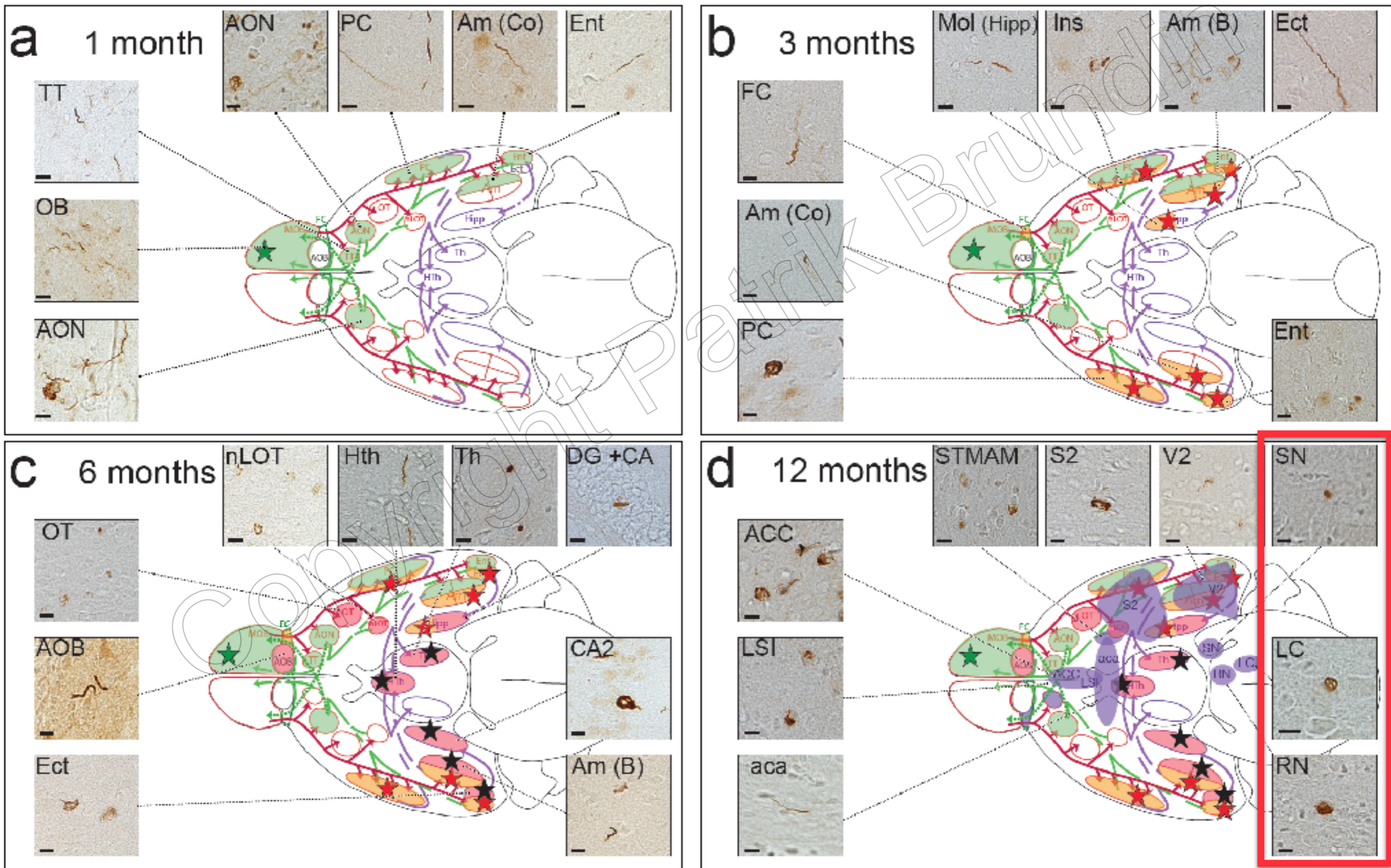


1 month 3 months 6 months 12 months



Olfactory tests
 α -synuclein neuropathology

Slow spreading of Pser129 α -synuclein in brain



Olfactory dysfunction in prodromal PD

Appears > 4 years before motor symptoms

Occurs in 90-96% of PD patients

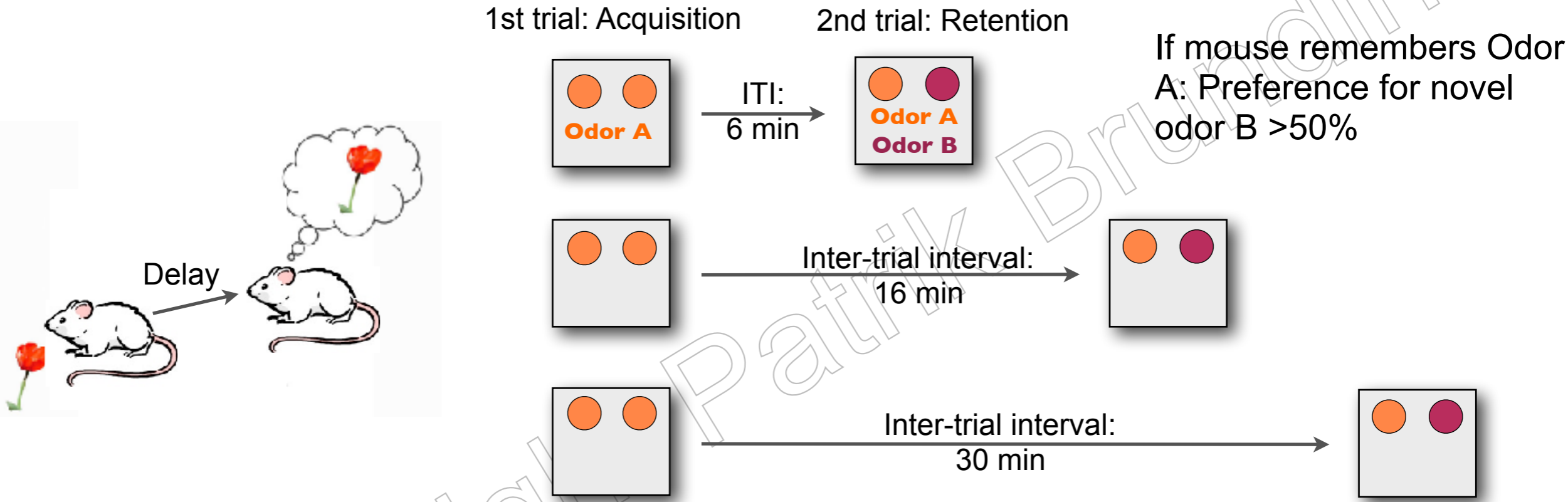
Olfactory system pathology as a model of Lewy neurodegenerative disease

John E. Duda *

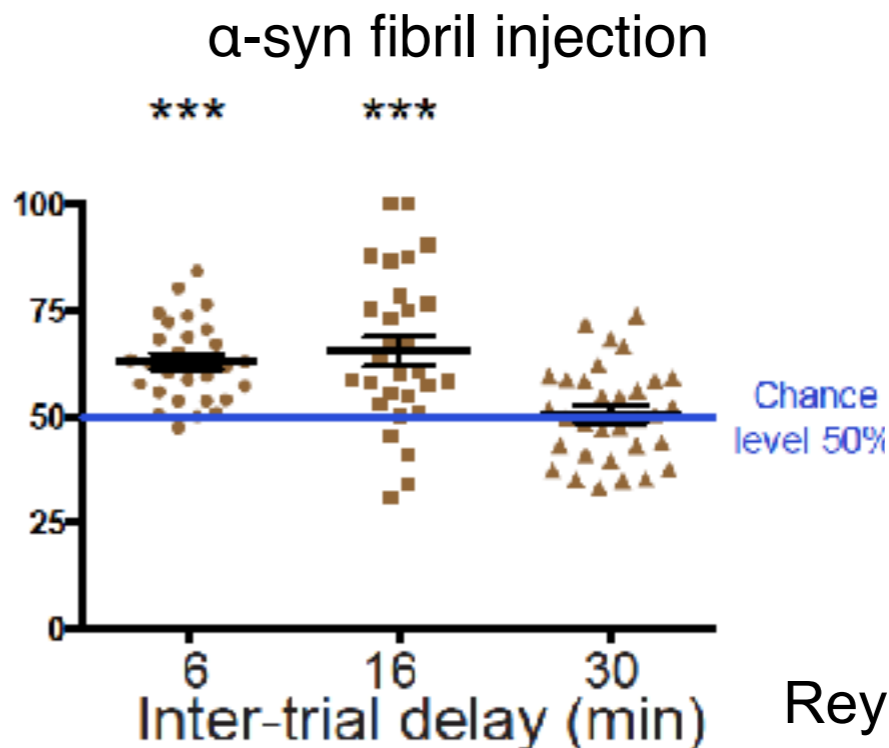
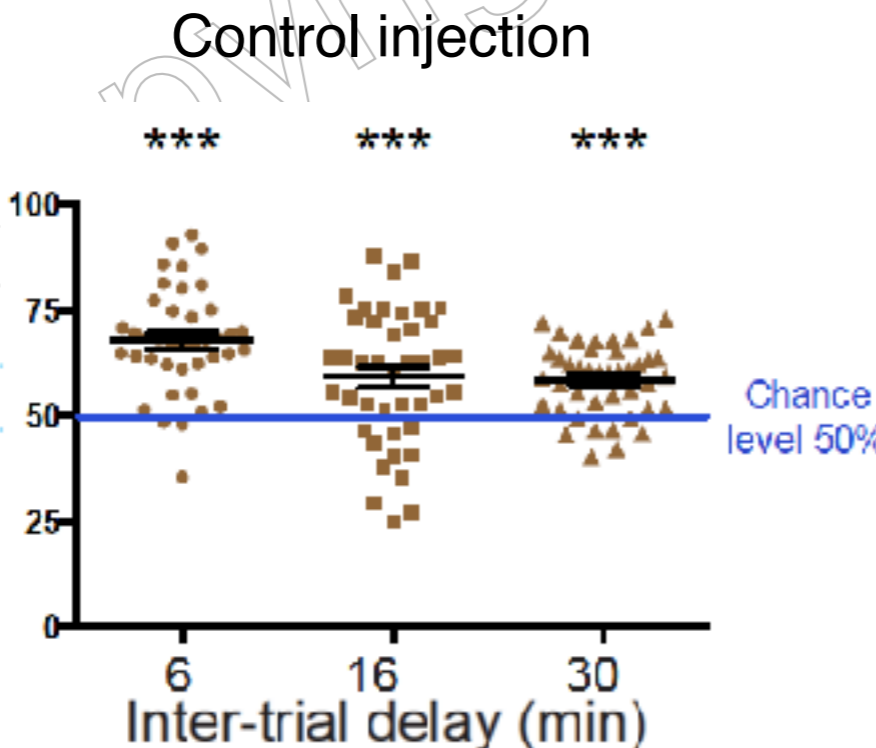
Association of Olfactory Dysfunction with
Risk for Future Parkinson's Disease

G. Webster Ross, MD,¹⁻⁵ Helen Petrovitch, MD,¹⁻⁵ Robert D. Abbott, PhD,⁴⁻⁸
Caroline M. Tanner, MD, PhD,⁹ Jordan Popper, MD,^{1,2} Kamal Masaki, MD,³⁻⁵ Lenore Launer, PhD,¹⁰
and Lon R. White, MD, MPH¹⁻⁵

Olfactory dysfunction in mouse model



1 month after injection



Olfactory mouse model of prodromal PD

- Trigger site (olfactory bulb) is highly relevant to Parkinson's disease
- Progressive pathology develops with a delay (therapeutic window)
- Propagation of α -synuclein pathology is faithful to complex olfactory pathways
- Progressive and specific olfactory deficits relevant to “prodromal” disease

CNS drug discovery
is expensive!

The cost is enormous!

- CNS drugs take 35% longer to develop
- Only 8% of CNS drugs "make it"
- Cost for one successful drug, if one includes all research and failed drugs \approx \$5 billion
- Even without failures \approx \$200 million for PD



Can it be done
cheaper and faster?

Repurposing existing drugs

Journal of Parkinson's Disease 3 (2013) 231–239
DOI 10.3233/JPD-139000
IOS Press

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Review

Linked Clinical Trials – The Development of New Clinical Learning Studies in Parkinson's Disease Using Screening of Multiple Prospective New Treatments

Patrik Brundin^{a,1,*}, Roger A. Barker^{b,1}, P. Jeffrey Conn^{c,1}, Ted M. Dawson^{d,1}, Karl Kieburtz^{e,1}, Andrew J. Lees^{f,1}, Michael A. Schwarzschild^{g,1}, Caroline M. Tanner^{h,1}, Tom Isaacsⁱ, Joy Duffenⁱ, Helen Matthewsⁱ and Richard K.H. Wyseⁱ

The Cure Parkinson's Trust

We recognise the significance of efficacy and safety in the development of new treatments, but we also recognise the need for greater urgency. The Cure Parkinson's Trust believes the science is out there to make a real breakthrough in the treatment of Parkinson's. We constantly strive to ensure that the pace of transition from science to clinic is not hampered for reasons of excessive regulation or viability.

Linked Clinical Trials

New biochemical thinking has highlighted that drugs from other disease areas can be brought into Parkinson's. The Linked Clinical Trials initiative is a drug repositioning programme designed by The Cure Parkinson's Trust to harness this new opportunity. Because many of these drugs are already in use in man, if proved of value in Parkinson's they could move quickly to the clinic. This initiative not only prioritises potential new therapeutic candidates, but also explores the best way of bringing them into trial, to ensure synergy between trials in the data collected to allow maximum comparison. The Linked Clinical Trials scientific committee has been recruited from across Europe and the USA and is chaired by Dr Patrik Brundin, Director of the Centre for Neurodegenerative Science and Head of the Laboratory for Translational Parkinson's Disease Research at the Van Andel Institute, Grand Rapids,

The Linked Clinical Trials Committee

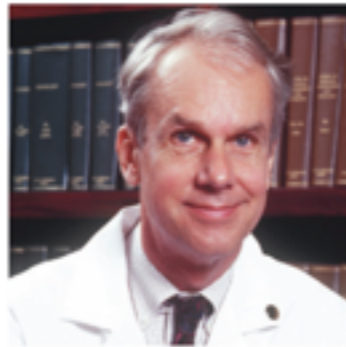


Professor Patrik Brundin, Chairman

Professor Brundin is Associate Director of Research at the Van Andel Research Institute in Grand Rapids, USA. He is also the co-editor in chief of the Journal of Parkinson's Disease and has coordinated multiple international research programs.



Professor Roger Barker
University of Cambridge, UK



Professor Flint Beal
Cornell University, New York, USA



Professor Ted Dawson
Johns Hopkins Institute
Baltimore, USA



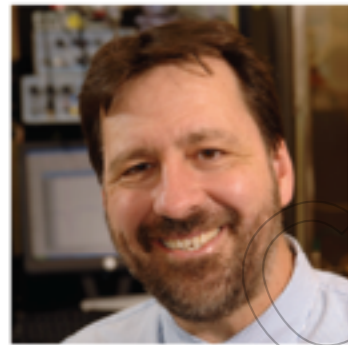
Professor Andrew Lees
University College London, UK



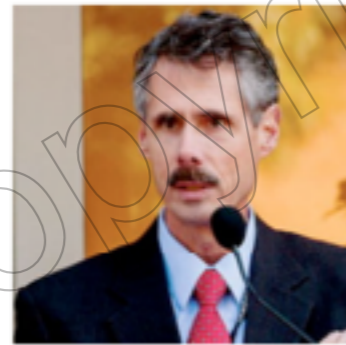
Professor Werner Poewe
University of Innsbruck, Austria



Professor Michael Schwarzschild
Massachusetts General Hospital, USA



Professor Jeffrey Conn
Vanderbilt University Medical Center, Nashville, USA



Professor Howard Federoff
Georgetown University, USA



Professor Karl Kiebertz
University of Rochester,
New York, USA



Professor Caroline Tanner
The Parkinson's Institute,
California, USA



Professor John Trojanowski
University of Pennsylvania, USA



Dr Richard Wyse
The Cure Parkinson's Trust

Repurposing existing drugs

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We have reviewed over 100 drugs

About 10 are currently selected for trials

Simvastatin - cholesterol lowering drug

N-acetyl cystein - mucolytic drug

Ambroxol - cough syrup

Exenatide - anti-diabetic drug

Review

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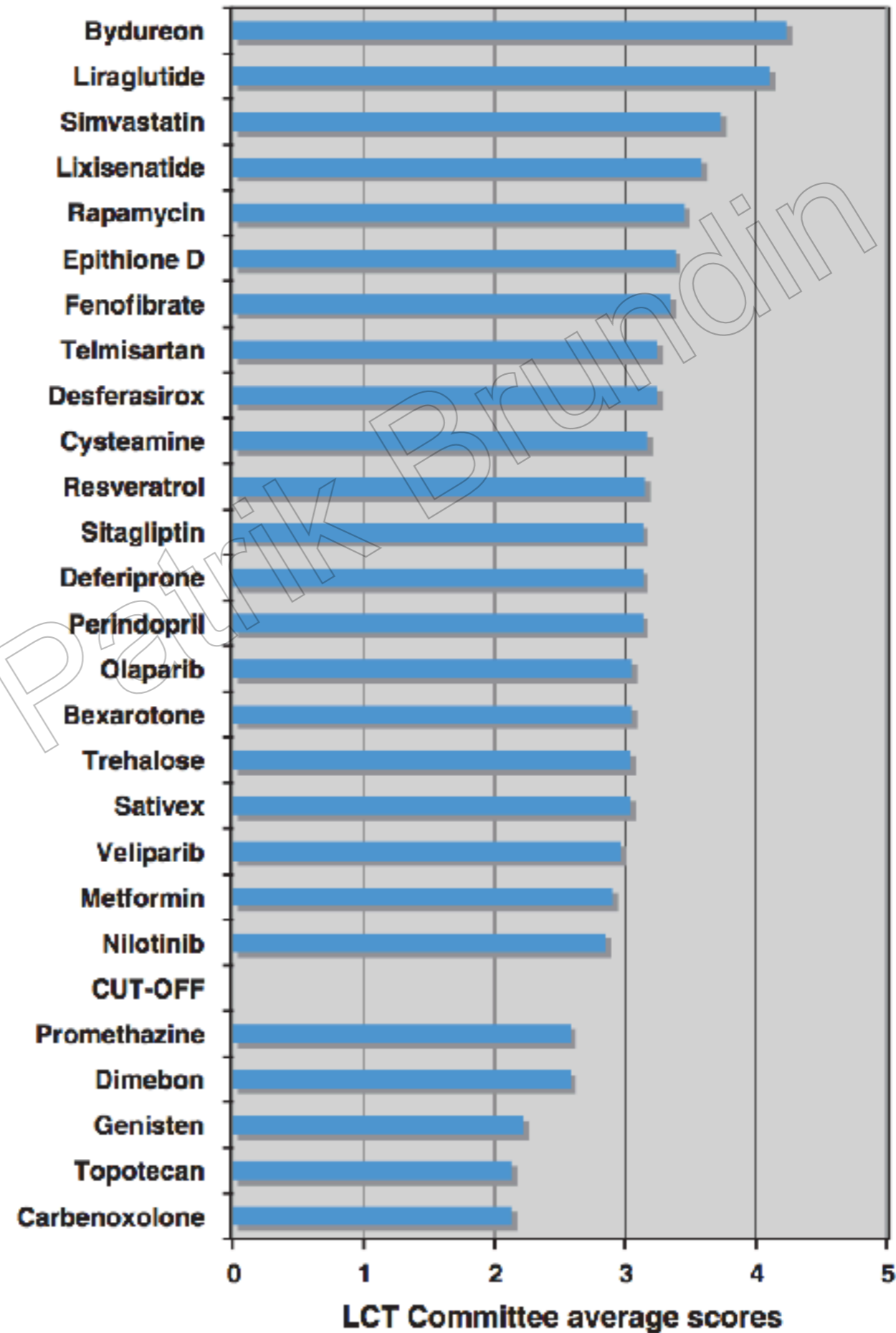


Fig. 1. Pre-prioritization of the initial 26 candidate PD therapies for rapid translation to clinical trials.

Concluding remarks

- Multifactorial etiopathogenesis
- Numerous interesting drug targets exist
- New drug targets remain to be discovered
- New animal models needed
- Drug development cost is prohibitive
- Drug repurposing should be part of the portfolio

Thank you for
listening!

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